



**Mawlana Shaykh
Nazim Al-Haqqani**

[Home](#)

[Nur Muhamma](#)

Secrets of Light
Muhammad Reality
Creation Secrets,
Throne of God

[Sufi Meditation](#)

[Muraqabah](#)

Sufi Energy **UPDAT**
Practices, Divine
Energy, Prophetic
Sufi Meditation
Angelic Sufi
Meditation

[Lataif of](#)

[The Heart](#)

Sufi Meditation
Muraqabah Chakras,
colors & teachings
of 5 Lataif Heart,
9 Points of Enneagram
Sufi Meditation Sufi
Energy

[Secrets of](#)

[Naqshbandi](#)

UPDAT

Ancient Secrets of
Naqshbandi Sufi Order

[Mystic Letters](#)

Sufi Numerology Abjad
Table 29 Muqataat
ilm Huroof science of
Numbers Letters

[News &](#)

[Contact Us](#)

Events Photos,

[About](#)

Naqshbandi Sufi Way

[Internet Links](#)

Shopping, Sufi Physics,
Translate this site in
Your Language

[Books Online](#) **UPDAT**

Dalail Khairat &
Devotionals, Many
New PDF files
Bahasa Language file
too.



BISMILLAH HIR RAHMAN NIR RAHEEM

(In the Name of Allah, Most Gracious, Most Merciful)

NAHMADU WA NUSALLI ALA RASOOLI HIL KAREEM

ALLAHUMMA SALLI ALA MUHAMMADIN WA ALA ALI MUHAMMADIN KAMA SALLAITA ALA IBRAHEEMA WA ALA ALI
IBRAHEEMA INNAKA HAMEEDUM MAJEED

ALLAHUMMA BARIK ALA MUHAMMADIN WA ALA ALI MUHAMMADIN KAMA BARAKTA ALA IBRAHEEMA WA ALA ALI
IBRAHEEMA INNAKA HAMEEDUM MAJEED

THE ARABIC LETTER PART 1

Part 1

Secrets of MEEM

Part 2

The Arabic letter Meem is equivalent to the letter 'M' in the English alphabet.

It is the first letter in the name of our Prophet Muhammad ﷺ. Meem in Arabic numerology which is known as Abjad, has the value of 40.

What is the significance of the number 40?

- Importance of "40" and Meem
- 40 – Value of Meem
- Meem is 24th Position in Arabic { For Dunya M=24 because Rasul is Light = Light is Time. } &
- 13th Position in Abjad (Is Heavenly Coding).
- Meem is the Turban
- Alif – Standing, Ha-Ruku, "Meem= Sajdah", Tahiyat is =DAL the Dalail Khairat or Guide to goodness.
- Shaytan did not accept the Meem and was Thrown from the kingdom.
- Nations that accept the Meem- and make Sajdah are called Muslim.
- That's why unbelievers are troubled by "13" Because when Sayedena Muhammad (as)
- Arrived all Falsehood must vanish. It is our luckiest number.
- 40 years before manhood
- 40 days of khalwat
- 40 Grandshaykhs
- 40 Maqams of Perfection
- Ahad - Ahmd difference of a Meem
- **"Life begins at forty".**

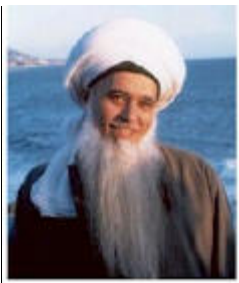
Where does this saying come from? From the Quran of course:

46 And We have commended unto man kindness toward parents. His mother bears him with reluctance, and brings him forth with reluctance, and the bearing of him and the weaning of him is thirty months, till, when he attains full strength and reaches forty years, he says: My Lord! Arouse me that I may give thanks for the favour You have given me and my parents, and that I may do good deeds acceptable to You. And be gracious unto me In the matter of my seed. I have turned to You repentant, and I am of those who surrender (unto You).

[Quran: Al Ahqaf Chapter 46]

Form the spiritual point of view: the number 40 is also explained by Allah in the Quran:

142 And when We did appoint for Moses thirty nights (of solitude), and added to them



Mawlana Shaykh Kabrani

Register for Naqshbandi
Muhibeen Email Updates

**ten, and he completed the whole time appointed by his Lord of forty nights; and
[Quran: Al Aaraf Chapter 7]**

- Musa (Moses (ﷺ)) spent 30 nights in seclusion hoping for guidance from his Lord on the Mount Tur. It was not enough. He had to wait for another ten nights in order to complete his spirituality. And then Musa (ﷺ) conversed with Allah. And Allah blessed Musa (ﷺ) with a divine Message for his people.
- Muhammad (ﷺ) received the divine Message at the age of forty. Again to receive this message Muhammad (ﷺ) also used to go into seclusion in a cave on Mount Hira.
- Both these Messengers of Allah have the first letter Meem in their names.
- Musa (ﷺ) had to complete forty nights of seclusion in order to understand the **Meem of Ahmad (another name of our Prophet Muhammad (ﷺ))**.
- The Spirituality of Muhammad (ﷺ). Once he understood the Spirituality of Muhammad (ﷺ) the Beloved of Allah, then Allah spoke to him.
- If anyone thinks Musa (ﷺ) could not have known about Muhammad (ﷺ), then read What the Bible says about Muhammad (ﷺ) (by Ahmad Deedat).
- The Old Testament is based on the Torah.

Why did Musa (ﷺ) have to know about the spirituality of Muhammad (ﷺ)? Because Allah says:

***In The Name of Allah, Most Gracious, Most Merciful
1 To you We have given the Fount (of Abundance)
2 Therefore turn to your Lord in prayer and sacrifice.
3 He who insults you, will be cut off.
[Quran: Kawsar Chapter 108]***

- The Fountain Kawsar is heavenly grace and knowledge.
- This knowledge has been granted to Muhammad (ﷺ).
- He is the fountain of knowledge of Allah.
- No one can attain spirituality without acknowledging Muhammad's (ﷺ) superiority over all the creations.
- To believe in Allah and not acknowledge Muhammad (ﷺ), a person cannot be considered a Muslim. Think about it.

***56 Allah and His angels shower blessings on the Prophet. You who believe! Ask blessings on him and salute him with a worthy salutation.
[Quran: Al-Ahzab Chapter 33]***

What an incredibly high status that is for a Messenger of Allah which no other Prophet holds apart from Muhammad (ﷺ). If a person ignores Muhammad (ﷺ), then not only is he/she insulting him but he/she is also insulting Allah by insulting His Beloved. In ignoring Muhammad (ﷺ), the person is insulting the Prophet. If a person insults the Prophet Muhammad (ﷺ) then he/she will be cut off from any goodness in this life or the next life.

- But Muhammad (ﷺ) is the First and the Last Messenger.
- Allah created his Light First before any other Messengers and Allah sent him Last as the Seal of all the Messengers.
- The Quran is part of a Book from which all the previous Books have been revealed (the original Zaboor (Psalms), Torah and Bible).
- Therefore we are told by Allah in the Quran to Believe in all the Books that He has

sent (the original ones that were revealed and not the modified versions of the Zaboor, Torah and Bible that are in circulation).

- Hence the Fount was already given to Muhammad ﷺ according to the Book from which the Quran has been revealed.

Muhammad ﷺ had to attain the age of forty to receive his Message. He was born in Makkah and emigrated to Yathrib which changed its name to Madinah. He is also called Muzzammil and Muddassir, in the Quran.

What is the mystery of the Meem in Ahmad?

- The Meem in Ahmad is the door that leads to Ahad which is the Oneness of Allah.
- He has no partners. That is Muhammad's position in the creation must be acknowledged before Allah will allow anyone to get close to Him. Looking at it in Arabic:
- Ahad is spelled احد
- Ahmad is spelled احمد
- The difference between Ahad and Ahmad is the Arabic letter Meem also written as م.
- It is not a coincidence that Allah revealed the Quran in Arabic without the Arabic language having some mystical superiority over the other languages.

Coming back to Ahad and Ahmad, the difference between the two words is the Meem of Muhammad ﷺ.

- To realise Allah's Oneness a person must send blessings to Allah's Beloved ﷺ because he is the door and no one can pass that door without realizing Muhammad's ﷺ position in closeness to Allah.
- Only by acknowledging the superiority of Muhammad ﷺ can a person have his/her prayers answered.
- This is achieved by loving Muhammad ﷺ more than any other person in this world.
- Loving Muhammad ﷺ more than his/her parents and/or children.
- In order to have his/her prayer accepted by Allah, a person must send blessings (Darood) on the Prophet ﷺ.
- He is the key to Allah's door.
- Knowledge comes from Allah through Muhammad ﷺ.
- Not without Muhammad ﷺ.

Muhammad's ﷺ position in this life is the Seal of the Prophets or The Completion of the Prophets. His position in the next life is Makamam Mahmood (the Highest Station).

How is the Prophet Muhammad ﷺ the Seal of the Prophets? What does it mean? What is the Makamam Mahmood? See the next article. Only Allah Knows Best!

FROM ALLAH TO MUHAMMAD ﷺ

Now I want to take this point a little further. It is related in a Tradition that Allah

created the Light of Muhammad ﷺ before any other creation including the angels. The Messenger of Allah said: *I was a Messenger while Adam was between clay and water.*

This makes Muhammad ﷺ the First Messenger.

- Then Allah created Adam (ﷺ). Allah completed his circle of Messengers starting with Adam and ending with Isa (ﷺ) of pure birth from Maryam (ﷺ).
- Each of these Messengers were sent to their own communities.
- Their mission was **limited to their own people.**
- After completing the circle, Allah then sent our Nabee Muhammad ﷺ as the Seal of all the Messengers of Allah.
- Muhammad ﷺ set the seal on the circle of Messengers of Allah. And he also surrounds that circle of Messengers. A circle is a limitation.
- What surrounds the circle is not limited.
- Muhammad's Message is not limited like those of the earlier Prophets to just one community. Muhammad ﷺ was not sent just for the Arabs, not only for mankind, not only for jinns, but for all the creations,
- however many creations there may be and wherever they may be only Allah and His Messenger know best.
- As Allah is the Lord of all the worlds, He has sent Muhammad ﷺ as a Mercy to all the worlds.

All the Messengers from Adam (ﷺ) to Isa (ﷺ) borrowed their Prophetship from the Prophetship of Muhammad ﷺ.

- Muhammad ﷺ is the Imam of all the Prophets.
- Every Muslim should know that on the night of Ascension (Miraaj) Jibraeel (ﷺ) took Muhammad ﷺ to the Furthest Mosque (Al Aqsa) in Jerusalem.
- There he entered and found all the leaders of angels of heavens and all the Messengers of Allah from Adam (ﷺ) to Isa (ﷺ) assembled, waiting for his arrival, so that they may greet him and follow him in the prayers.
- Those who say that the Prophets are dead, how can they explain this assembly? If they say Allah sent them, then why did He have to send them after they were supposed to be dead? Why did they need to assemble for the prayer at the mosque? Once a person is dead, he/she cannot perform any further prayer because then the person is already aware of the Reality. It is too late after death to do any good deed. So, why did Allah send back all the Prophets back in human form?

Jibraeel after making the call to prayers, answers this question: *"Ya Muhammad ﷺ, Most Honourable of beings in the sight of Allah, proceed to prayer"*. That is lead the prayer so that they, the Prophets and the angels, may all follow him. So that each one could meet and see the Beloved of Allah of whom each Messenger knew about (see the previous article).

Muhammad ﷺ advanced to the front and led the prayer. All the Messengers of Allah knew Muhammad ﷺ and his followers will be the first to enter heaven.

Then their communities. By following Muhammad ﷺ in prayer, all the Messengers of Allah, they themselves have become his followers, but their communities have not. He was then taken to the heavens and he met all the Prophets again. It is clear from this that the Prophets of Allah are free to travel as they wish like the martyrs. They are Allah's guests not His prisoners. There are no constrains on them because they have pleased Allah, and they are pleased with Allah.

27 (To the righteous soul will be said:) "O (you) soul in (complete) rest and satisfaction!

28 "You come back to your Lord well pleased (yourself) and well pleasing unto Him!

29 "You enter among my Devotees!"

30 "Yes you enter my Heaven!"

[Quran: Al Fajr Chapter 89]

- What is interesting here is that prayer (or Salah) has not yet been given by Allah to our Prophet.
- Yet Muhammad ﷺ performed the prayer before going to heaven.
- How did he know that was the gift which was going to be bestowed on him for his followers by Allah? How could he LEAD the prayer if he did not know how to pray?

26 "He (alone) knows the Unseen nor does He make any one acquainted with His Mysteries

27 "Except a Messenger whom He has chosen: and then He makes a band of watchers march before him and behind him

28 "That he may know that they have (truly) brought and delivered the Messages of their Lord: and He surrounds (all the mysteries) that are with them and takes account of every single thing."

[Quran: Al-Jinn Chapter 72]

After the prayer at the Furthest Mosque, Muhammad ﷺ was taken to the heavens which is the Ascension or Miraaj in Arabic. (For the purposes of this article only the names of the destinations will be mentioned here.) He travelled to:

1. The first heaven, The Place of Peace - Dar as Salaam.
2. The second heaven, The Place of Constancy - Dar al Qarar.
3. The third heaven, The Place of Eternity - Dar al Khuld.
4. The fourth heaven, The Sheltering Garden - Jannat al Mawa.
5. The fifth heaven, The Garden of Beauty and Joy Jannat al Naem.
6. The sixth heaven - The Garden of Eden - Jannat Aden.
7. The seventh heaven - The Garden of Firdaws - Jannat al Firdaws.
8. The Furthest Boundary - Sidrat ul Muntaha.

From there, Muhammad ﷺ travelled onwards until the angels Jibraeel (جبرائيل), Mikaeel (ميكائيل) and Israfeel (يسرافيل) stopped in succession at their stations beyond which they dare not pass. Then he passed the station of the Spirit. Still going further. He reached the place where Allah placed in Muhammad's heart the knowledge of the First and the Last, heaven and earth, then a voice was heard "Ya Muhammad! I have made you the

intercessor for everyone." He ﷺ was placed in the Fields of Allah's Eternity and Endlessness. In the first he found no beginning and in the second he found no end. Then Allah revealed to him: "My end is my beginning and My beginning is my end." The Prophet knew that all doors were closed except those that led to Allah. Allah cannot be described within the confine of a place, He encompasses everything everywhere. This is the Secret of Secrets, that cannot be described. This is the place of Magam Mahmood. The Highest Station.

There are a few interesting points to be noted here.

- First there was Allah,
- then He created the Light of Muhammad ﷺ.
- Allah's name starts with the letter Alif (ا) or 'A'.
- The first letter in almost all the major languages (I do not now about Chinese or Japanese to comment). He finishes the first creation with Muhammad ﷺ whose name starts with the letter Meem (م) or 'M'.
- Then Allah creates the first human Messenger Adam (آدم).
- Again Adam's name starts with the letter Alif or 'A' (آدم).
- Allah then completes the first circle of Messengers with Isa (عيسى) whose mother's name is Maryam.
- The Messengers start from Alif (ا) and complete from Meem (م).

I know what you are thinking.... It is Isa (ﷺ) who is the Messenger of Allah and not Maryam (ﷺ). That is true! Read the last sentence of the last paragraph again. The circle is completed FROM Meem not by Maryam (ﷺ).

- It is Muhammad ﷺ with a Meem, who came after Isa (ﷺ) and set the Seal on the Messengers of Allah.
- How does Maryam (ﷺ) fit into this?
- Look at the name Maryam in Arabic and compare it with the letter Meem which is written as pronounced.

• Maryam مريم
Meem ميم

- The difference is the letter Ra (in Arabic ر) which stands for Rabb or Lord. Showing what's in her belly is from her Lord
- Remove the letter Ra and you are left with the letter Meem.

**19 He said: "No I am only a messenger from your Rabb (Lord) (to announce) to you the gift of a holy son."
[Quran: Maryam Chapter 19] 19:19**

- Here Rabb (Lord) created Isa (ﷺ) from Meem.
- What is the significance of all this? Think about what has just been covered in the last few paragraphs.
- Is it a coincidence that everything starts from Alif and finishes with Meem.
- Starts with Allah and finishes with Muhammad ﷺ.

MEEM PART 2 Click Here

**Darood (Blessings) and Salaam (Peace) on Muhammad, his Family, and his Companions.
Khalid M. Malik Ghouri**