

آداب شهر رجب

PRACTICES OF WELCOMING MONTH OF RAJAB

From Naqshbandi Sufi Tradition Guidebook

By: Mawlana Shaykh Hisham Kabbani

This *adab* (practice) is performed on the day before Rajab begins between Salatul 'Asr and Maghrib. It is then repeated as the daily practice of the seeker two hours before salatul Fajr but without the Grand Transmitted Invocation of Grandshaykh Abdullah Ad Daghestani.)

Bathing of Purification - Perform ritual purification **Ghusul/Shower** between Salatul 'Asr and Maghrib. Dress in best clothes

Pray 2 *raka`at* ***Salaat al Wudu***

Recite:

يَا رَبَّ الْعِزَّةِ وَالْعِزَّةِ وَالْجَبْرُوتِ

"Ya Rabbil 'izzati wal 'azhamati wal Jabbaroot"

O Lord of Honor and Greatness, Imposer of Thy Will.

The mureed takes **3 steps in the direction of the Qiblah**, in his place of worship, right leg first

INTENTION - Niyyat *النِّيَّةُ*:

نُؤَيْتُ الْأَرْبَعِينَ، نُؤَيْتُ الْأَعْتِكَافَ، نُؤَيْتُ الْخُلُوةَ، نُؤَيْتُ الْعِزْلَةَ،
نُؤَيْتُ الرِّيَاضَةَ، نُؤَيْتُ السُّلُوكَ لِلَّهِ تَعَالَى الْعَظِيمِ فِي هَذَا الْمَسْجِدِ. فِي هَذَا الْجَامِعِ

***Nawaytul Arba'een, Nawaytul 'itikaf,
Nawaytul Khalwah, Nawaytul 'Uzlah,
Nawaytur Riyada, Nawaytus Sulook,
Lillahi Ta`ala I 'Azhim fee hadhal masjid (or fee hadhal jami`)***

I intend the forty (days of seclusion); I Intend seclusion in the masjid, I Intend seclusion, I Intend isolation, I Intend discipline (of the ego), I intend to travel in God's Path for the sake of God in this masjid.

100x Ya Halim يَا حَلِيمُ (for removing anger)

100x Ya Hafeez يَا حَفِيزُ (for removing affliction)

100x Salawat

(Make the intention that God makes you to be in the spiritual presence of the Prophet Muhammad (saw), Imam Mehdi (as) and our Shoyokh.)

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ، وَعَلَى آلِ سَيِّدِنَا مُحَمَّدٍ

**Allahumma salli 'ala Sayyidina Muhammadin
wa 'ala aali Muhammadin wa sallim**

To have the intention that Allah makes me meet spiritually with Rasulullah (s),

INTENTION - Niyyat اَلنِّيَّةُ:

يَا رَبِّي، إِنِّي نَوَيْتُ أَنْ أَتَقَدَّمَ نَحْوَ بَحْرِ وَحْدَانِيَّتِكَ إِلَى مَقَامِ الْفَنَاءِ فِيكَ، فَلَا تُرُدَّنِي يَا رَبِّي يَا اللَّهُ
خَائِبًا حَتَّى تُوصِّلَنِي إِلَى ذَلِكَ الْمَقَامِ - الْمَقَامِ الْفَرْدَانِيِّ.

**Ya Rabbi, innani nawaytu an ataqadama nahwa bahri wahdaniyyatika ilaa
maqaamil fanaa eh fika. Falaa tarudani ya Rabbi, ya Allah khaaiban hatta
tuwassilani ilaa dhaakal maqaam – al maqaamul fardani.**

O my Lord, I am moving and stepping forward for the Station of Annihilation in the Divine Presence. Oh my Lord, O Allah Subhana wa Ta'ala, I am asking you to vanish me in Your Existence and, O my Lord, I am moving toward your ocean of Unity, the Ocean of *Wahdaniyah*, O my Lord, don't reject me until I reach the unique *Maqam al Fardani*.

Supplications - DU'A

يَا رَبِّي يَا اللَّهُ حَيْثُ هَذَا الشَّهْرُ هُوَ شَهْرُكَ، جِئْتُكَ ضَعِيفًا وَنَاوِيًا أَنْ أَعْمَلَ عَمَلًا بِدُونِ عِوَضٍ أَوْ أَنْ يَكُونَ
فِيهِ طَلْبًا لِلْفَضِيلَةِ، قَاصِدًا إِيَّاكَ، إِلَهِي أَنْتَ مَقْصُودِي وَرِضَاكَ مَطْلُوبِي.

**Ya Rabbi, Ya Allah haithu hadha ashShahru huwa shahraka, jetuka
da'ifan wa nawian an 'amala 'amalan bidon 'iwadun aw an yakona fih
talaban lil fadilati qasidan iyyaka Ilahi anta maqsodi wa ridaka
matlobi.**

O my Lord, since this month is your month – *Rajabun Shahrullah (Rajab Month of Allah)*– I came to you as a weak guest and intending to worship You, without asking anything in return. My God, You are my aim, and Your good pleasure is what I seek. That is why I am coming, please don't reject me.

يَا رَبِّي كُلُّ عُمْرِي قَدْ أَمْضَيْتُهُ فِي الْمَعَاصِي وَالشِّرْكِ الْخَفِيِّ. وَ إِنِّي أَقْرُ بِأَنْتَنِي لَمْ آتِ إِلَيَّ بِأَبَاكَ بِعَمَلٍ مَقْبُولٍ عِنْدَكَ. أَنْتَ اللَّهُ الَّذِي لَا يَأْتِي أَحَدٌ إِلَيَّ بِأَبَاكَ بِعَمَلِهِ، بَلْ بِفَضْلِكَ وَجُودِكَ وَكَرَمِكَ وَإِحْسَانِكَ. أَنْتَ اللَّهُ الَّذِي لَا تَرُدُّ عَبْدًا جَاءَ إِلَيَّ بِأَبَاكَ فَلَا تَرُدَّنِي يَا اللَّهُ.

Ya Rabbi, kullu 'umri qad amdaytuhu fil ma'asi wash shirkil khafi. Wa innani uqirru bi annani lam ati ila babika bi 'amalin maqbolin 'indaka anta Allahul ladhi la yati ahadun ila babika bi 'amalihi bal bi fadlika wa jodika wa karamakika wa ihsanika. Anta Allahul ladhi la taruddu 'abdan ja a ila babika fala taruddani ya Allah.

O my Lord, all my life I spent in *kufr* (disbelief) and hidden *shirk* (polytheism), and bad behavior, and I am declaring wholeheartedly that I did not do any deed that is accepted by You. You are Allah, Who never threw away anyone that came to Your door. You are Allah, *and* no one came to Your door by his deeds, but (only) by Your grant and reward.

يَا رَبِّي كُلُّ أُمُورِي فُوضْتُهَا إِلَيْكَ حَيَاتِي وَمَمَاتِي وَبَعْدَ مَمَاتِي وَيَوْمَ الْمَحْشَرِ. كُلُّ أُمُورِي حَوَّلْتُهَا عِنْدَكَ. وَفَوَّضْتُ أَمْرِي إِلَيْكَ، لَا أَمْلِكُ مِنْ أَمْرِ نَفْسِي شَيْئًا. لَا نَفْعًا وَلَا ضَرًّا وَلَا مَوْتًا وَلَا حَيَاةً وَلَا نُشُورًا. كُلُّ أُمُورِي وَحِسَابِي وَسُؤَالِي وَجَوَابِي حَوَّلْتُهُ عِنْدَكَ يَا رَبِّي يَا اللَّهُ. نَاصِيَّتِي بِيَدِكَ، وَأَنَا عَاجِزٌ عَنِ الْجَوَابِ وَلَوْ مِثْقَالَ ذَرَّةٍ.

Ya Rabbi, Kullu umori fawwadtuha ilayka, hayati wa mamati, wa ba'da mamati, wa yawmul hashr. Kullu umuri hawwaltuha 'indaka. Wa fawwadu amri ilayka, la amliku min amri nafsi shayan. La naf'an, wa la darran, wa la mawtan, wa la hayatan, wa la nushoran. Kullu umori wa hisabi wa suali wa jawabi hawwaltuhu 'indaka ya Rabbi, Ya Allah. Nasiyati biyadika wa ana 'ajizun 'anil jawabi wa la mithqala dharratin.

O my Lord, I have given all my affairs into Your hands – my life, my death, my afterlife, and Judgment Day. All my affairs I have transferred to You and You are the One Who controls me. O my Lord, I do not possess anything with my *nafs* (ego) and my soul. I cannot give good to myself or bad to myself, or life to myself, or death to myself, but I have transferred all my accounts, and all Your judgment on me, and all Your questions to me and all my answers; I have transferred to you. Whatever You want to do with me, You do. My neck is in Your hand. I am helpless from answering Your questions, even the smallest answer I cannot answer. (With all this weakness, and helplessness, and hopelessness, I am coming to Your door.)

لَوْ كَانَ لَكَ يَا رَبِّي بَابَيْنِ، أَحَدُهُمَا مُخَصَّصٌ لِلتَّائِبِينَ مِنْ عِبَادِكَ الْمُؤْمِنِينَ وَالْآخَرَ لِلتَّائِبِينَ مِنْ عِبَادِكَ الْعَاصِينَ، جِئْتُكَ يَا اللَّهُ نَحْوُ بَابِكَ الَّذِي يَحْتَاجُ أَنْ يَدْخُلَ مِنْهُ عِبَادِكَ الْعَاصِينَ وَإِنِّي أُقِرُّ وَأَعْتَرِفُ أَنَّهُ يَجِبُ أَنْ أُجَدِّدَ إِسْلَامِي وَإِيمَانِي مِنْ هَذَا الْبَابِ لِإِظْهَارِ الْعَجْزِ.

Law kana laka Ya Rabbi, babayni ahada huma mukhasasun lit taibeen min 'ibadikal mumineen wal aakharu lit taibeen min 'ibadikal 'aaseen. Ji tuka ya Allah, nahwo babikal ladhi yahtaju an yadkhula minho 'ibadikal 'aaseen. Wa innani uqirru wa a' tariff annahu yajibu an ujaddida Islami wa Imani min hadhal bab li izharil 'ajzi.

O my Lord, if you had two doors for Your servant to enter through - one for the believers from Your servants and one for the unbeliever from Your servants - I am coming to You from the door that the unbeliever needs to come through. And I am declaring and believing this is the only door for me to come through. I am saying to You that I have to renew my Islam (Shahada - testimony of faith) and my Iman (faith), from this door to show humility and helplessness.

وَهَذَا الْعَمَلُ هُوَ أَوَّلُ عَمَلٍ لِي بَعْدَ مَا شَهِدْتُ بِالإِسْلَامِ حَقًّا يَا رَبِّي وَأَنْتَ وَكِيلِي يَا وَكِيلَ حَيْثُ نَقُولُ، اللَّهُ عَلَى مَا نَقُولُ وَكَئِذَا وَشَهِدْتُ.

Wa hadhal 'amalu huwa awwalu 'amalin li ba'da ma shahidtu bil Islami haqqan Ya Rabbi. Wa Anta wakili ya Wakil haithu naqulo Allaha 'Ala ma naqulo Wakil wa Shahid.

This Deed and this Shahada is the first deed for me after I am pronouncing the Shahada and entering Islam and You are my *Wakeel (protector) from whence we say: God is the Protector and Witness over what we say.*

Shahada 3x with raised finger –

- ثم تبدأ بكلمتي الشهادة (3 مرات).

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

**Ashhadu an la ilaha illallah,
wa ashhadu anna Muhammadan 'abduho wa rasulu**

Re-Affirm Five Pillars of Islam – Tajdid Urkan al Islam

- تجديد أركان الإسلام:

إِقَامُ الصَّلَاةِ، وَإِيتَاءُ الزَّكَاةِ، وَالصَّوْمُ رَمَضَانَ، وَحَجُّ الْبَيْتِ

Iqaamus Salati, wa itauz Zakat, wa Sawmu Ramadan, wa Hajjul bayt.

I believe in the establishment of prayer, paying the poor-due (charity), fasting of Ramadan, and the Pilgrimage of the House of God.

Re-Affirm Six pillars of Imaan (Faith) – Tajdid Urkan ul Imaan

- تجديد أركان الإيمان:

أَمَنْتُ بِاللَّهِ وَمَلَائِكَتِهِ وَكُتُبِهِ وَرُسُلِهِ وَالْيَوْمِ الْآخِرِ وَالْقَدْرِ خَيْرِهِ وَشَرِّهِ مِنْ اللَّهِ تَعَالَى وَالْبَعْثِ بَعْدَ الْمَوْتِ

Aamantu Billahi wa Malaikatihi wa Kutubihi wa Rusulihi wal Yawmil Akheri, wa bi qadri khairihi wa sharrihi min Allahi Ta'ala, wal ba'the ba'dal mawt.

I believe in Allah, His Angels, His books, His Messengers, the Last Day, and the Destiny – its good and its bad – is from God, the Most High.

Supplications - DU'A

يَا رَبِّي يَا اللَّهُ، كَمْ ظَهَرَ مِنِّي مِنَ الذُّنُوبِ وَالْمَعَاصِي ظَاهِرًا وَبَاطِنًا وَسِرًّا مِنْ عَهْدِ إِجَادِ دَرَّتِي وَرُوحِي،
وَدُخُولِ رُوحِي إِلَى جِسْمِي، وَظُهُورِي مِنَ الْعَدَمِ إِلَى الْوُجُودِ، وَظُهُورِي فِي عَالَمِ الدُّنْيَا إِلَى يَوْمِنَا هَذَا،
رَجَعْتُ عَنِ الْجَمِيعِ إِلَيْكَ بِالتَّوْبَةِ وَالْإِسْتِغْفَارِ.

Ya Rabbi, ya Allah, kam zhahara minni minadh dhunobi wal ma'asi zhahiran wa batinan wa sirran min 'ahdi ijadi dharrati wa rohi, wa dukholi rohi ila jismi, wa zhuhori minal 'adami ilal wojodi, wa zhuhori fi 'alamid dunya ila yawmina hadha, raja'tu 'anil jami'ee ilayka bit tawbati wal isteghfir.

O my Lord, from the Day of Promises, whatever there was of promise from me to You, ("Alastu bi Rabbikum, Qaalo balaa ("Am I not your Lord?" They said, "Yes")(Quran 7:172) – I accept and promise to do it all. O my Lord, Ya Allah, from the day You created my *dharrah* (atom), my essence, and from the day You entered my soul to my body, and from the day my soul came from absolute abstract to existence, and came in to this world, until this day; how much of the disobedience has appeared from me and my essence, and from my soul and my body, spiritually and physically! I am regretting them all, and regretting what I did, and coming back to You asking forgiveness and repentance.

وَإِنِّي قَدْ دَخَلْتُ وَسَلَكْتُ فِي رَحْمَاتِ شَهْرِكَ هَذَا الْمُبَارَكِ. فَلَا تَرُدَّنِي يَا رَبِّي عَنْ بَابِكَ وَلَا تَتْرُكْنِي
لِأَحْوَالِ نَفْسِي وَلَوْ لِلْحِظَّةِ، وَأَنَا أَسْتَغْفِرُكَ.

Wa innani qad dakhaltu wa salaktu fi rahmaati shahrika hadhal Mubarak fala taruddni ya Rabbi, 'an babika wa la tatruckni li ahwali nafsi wa law li lahzah wa ana astaghferuka.

O my Lord, I entered and I moved into the ocean of blessings of Your praised month. O my Lord, do not reject me from Your door and don't leave me to my ego even for a blink of an eye and I am asking forgiveness by saying, (*Astaghfirullah*)

100 X Astaghfirullah **أَسْتَغْفِرُ اللَّهَ** I ask God's forgiveness

DAILY PRACTICE **أَدَبُ الطَّرِيقَةِ** (ADAB UL TARIQA)

Read the [Daily Adab](#) Spiritual Practice of the Naqshbandi Nazimiya Sufi Way. (Refer to page 165 of The Naqshbandi Sufi Tradition Guidebook)

500x Ya Samad **يَا صَمَدُ** With intention to eliminate the bad aspects of the ego.

500 X Astaghfirullah **أَسْتَغْفِرُ اللَّهَ**

Recite with the intention of asking God to forgive your sins, from the day of creation of your soul to the present day.

500 X Astaghfirullah **أَسْتَغْفِرُ اللَّهَ**

Recite with the intention that , from the present day to the last day on earth, God will protect you against sins.

500 X Alhamdulillah **الْحَمْدُ لِلَّهِ**

Out of gratitude that God did not create you from the nation of other prophets.

500 X Alhamdulillah **الْحَمْدُ لِلَّهِ**

Out of gratitude that God has created you from the nation of the Prophet Muhammad (s) and honored you by Sayyidina Abu Bakr as Siddiq, Abdul Khaliq Ghujdawani, Shaykh Sharafuddin ad Daghestani, Grandshaykh Shaykh Àbdullah al Faiz adDaghestani. And honored you by making you a follower of Mawlana Shaykh Muhammad Nazim Adil al Haqqani and Mawalana Shaykh Hisham Kabbani.

THE GRAND TRANSMITTED SUPPLICATION OF GRANDSHAYKH ABDALLAH AL FAIZ ADDAGHESTANI (Q)

الدعاء الأعظم المأثور مولا نا الشيخ عبد الله الفائز الدغستا ني (ق)

Ad du'a ul 'Azam ul mathur - Shaykh Abdullah al Fa'iz adDaghestani (Q)

Read the grand transmitted invocation ([Ad dua ul 'Azam ul mathur](#)) of Sultan al Awliya Shaykh Abdullah Daghestani.

(See page 424 of the Naqshbandi Sufi Tradition Guidebook)