

Practices of the Day of 'Ashura عاشورا (10th of Muharram)

1. a) Take the Sunnah shower on the day of 'Ashura

b) Wear the Kuhl on your eyes

And you will not suffer sickness in that year except the illness of death.

2. Read four (4) Rak'at Sunnah, after the Fatiha in each rak'ah recite eleven times (11X), Surat ul Ikhlas "Qul Huw Allahu Ahad"

Allah will forgive your sins of fifty years, and will build for you a pulpit from light.

3. Recite the Du'as of 'Ashura:

a) Seventy times (70X)

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ. نِعْمَ الْمَوْلَى وَنِعْمَ النَّصِيرُ.

***Hasbun Allahu wa ni'mal wakeel,
ni'mal Mawlaa wa ni'man Naseer.***

Sufficient for us is Allah, and [He is] the best Disposer of affairs. The very best master and the very best help

b) Seven Times (7X) Recite:

سُبْحَانَ اللَّهِ مَلَأَ لَمِيزَانَ وَمُنْتَهَى الْعِلْمِ، وَمَبْلَغَ الرِّضَا، وَزِينَةَ الْعَرْشِ، لَا مَلْجَأَ وَلَا مَنْجَا مِنَ اللَّهِ إِلَّا إِلَيْهِ.
سُبْحَانَ اللَّهِ عَدَدَ شَفِيعِ وَالْعَرْشِ، وَعَدَدَ كَلِمَاتِ رَبِّنَا التَّامَّاتِ كُلِّهَا، أَسْأَلُكَ السَّلَامَةَ، بِرَحْمَتِكَ يَا أَرْحَمَ
الرَّاحِمِينَ. وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ. وَهُوَ حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ. نِعْمَ الْمَوْلَى وَنِعْمَ
النَّصِيرُ. وَصَلَّى اللَّهُ عَلَى سَيِّدِنَا مُحَمَّدٍ. وَ عَلَى آلِهِ وَصَحْبِهِ أَجْمَعِينَ.

***SubhanAllahu mil al Mizan wa muntaha 'ilma, Wa mablaghal rida,
Wa zinatul 'arsh, la malja-a wa la manja minAllahi illa ilayhi.***

SubhanAllahi 'adada shaf'i wal 'arshi,

Wa 'adada kalimati Rabbina taammati kulliha.

As alukas Salamata bi Rahmatika Ya Arhamar Rahimeen,

Wa la hawla wa la quwwata illa billahil 'Aliyyil 'Azheem.

Wa huwa hasbun Allahu wa ni'mal wakil,

Ni'mal Mawla wa ni'man Naseer.

***Wa Sallallahu 'ala Sayyidena Muhammadin wa 'ala alihi wa
sahbihi ajma'in.***

Glorious is Allah, as much as what is in His great scale, and as far as His knowledge extends, and to such a degree as it attains His pleasure, and to whatever weight may be His Throne; there is no refuge and no safety from Allah except in Him. Glorious is Allah, (He is declared so) as many as there be even (numbers) and as many as there be odd, and as many as there be perfect words of His; glory be to Him for them all. We ask of You (our Lord) for safety, by Your mercy, O You who is the most merciful of all those who show mercy.

Sufficient for us is Allah, and [He is] the best Disposer of affairs. The very best master and the very best help! And there is no power and no strength except in Allah, the High, the Great!

May the grace of Allah, the Exalted, be upon our Master Muhammad and upon his family and his companions, and upon the believers men and women, and upon those who submit (in Islam), as much as there be atoms in existence and as much as there be things known to Allah; and all praise is due to Him, Lord of the Worlds.

**4. About an hour before the Adhan for Maghrib on Ashura,
Sit facing the Qiblah and finish the daily Adab of Naqshbandi Tariqah.**

Then make Tawassul with Sayyidena Hussain and the martyrs of Karbala, where on that day they were martyred (Shahid) with Sayyidena Hussain and those who were with him; may Allah's favours be upon them.

5. After breaking your fast dedicate the blessings and rewards of your fast and daily Awrad upon the Prophet (saw) for the oceans secrets that open on the 14th of Muharram, which is Mawlana Shah Bahauddin Naqshband's Birthday.