

PRACTICES OF THE NIGHT OF DESIRES & THE NIGHT OF ASCENSION أَدَبُ لَيْلَةِ الرَّغَائِبِ وَ لَيْلَةِ الْإِسْرَاءِ وَالْمِعْرَاجِ

Lailatur Raghaib (Sacred Night of Desires)

The first Thursday of Rajab is called *Laylat ar-Ragha'ib*. It is one of the most important nights in Islamic history. It is the night that the Prophet (s) was transferred from his father to his mother's womb. All that you wish for on this night, God gives you for the sake of His beloved Prophet (s).

Lailatul Israu wal Miraj (Night of Ascension)

On the night preceding the 27th day of Rajab is considered by many to be the night in which Prophet Muhammad (pbuh) was invited to the Divine Presence.

Here are the practices of the Naqshbandi Nazimiya Sufi Way to perform between Salatul 'Asr and Maghrib in these holy nights:

INTENTION (Al Niyyah) **الْإِنِّيَّةُ**

نُؤِيْتُ الْأَرْبَعِينَ، نُؤِيْتُ الْإِعْتِكَافِ، نُؤِيْتُ الْخَلْوَةِ، نُؤِيْتُ الْعُزْلَةِ، نُؤِيْتُ الرِّيَاضَةِ، نُؤِيْتُ السُّلُوكِ
وَالصِّيَامِ لِلَّهِ تَعَالَى فِي هَذَا الْمَسْجِدِ.

***Nawaytul arbaeen, naway tul itikaf, nuwaytul khalwa, nuwaytul uzla,
nuwaytul riyada, nuwaytus suluk wal siyam, lillahī ta'ala fi hadhal masjid.***

I intend the forty (days of seclusion), I intend seclusion in the mosque, I intend seclusion, I intend isolation, I intend discipline (of the ego), I intend to travel in God's Path, I intend to fast for the sake of God in this mosque.

DAILY PRACTICE (Adab ul Tariqa) **أَدَبُ الطَّرِيقَةِ**

Read the [Daily Adab](#)/Spiritual Practice of the Naqshbandi Nazimiya Sufi Way.

DU'A UL MATHUR

THE GRAND TRANSMITTED SUPPLICATION OF GRANDSHAYKH ABDALLAH AL FAIZ ADDAGHESTANI (Q)

الدعاء الأعظم المأثور مولا نا الشيخ عبد الله الفائز الدغستاني (ق)

Read the grand transmitted invocation ([Ad dua ul 'Azam ul mathur](#)) of Sultan al Awliya Shaykh Abdullah Daghestani.

ZIKR IN CONGREGATION (Khatm ul Khwajagan) حَتْمُ الْخَوَاجِكَانُ

Recite the Naqshbandi Sufi Way's Dhikr, divine chanting [Khatm ul Khwajagan](#)

MAWLID/Salawats (Praises) مَوْلِيدُ

Recite praises/Salawats/duroods on Prophet Muhammad (pbuh).

SALAT UT TASABIH (Prayer of Praises) صَلَاةُ التَّسَابِيحِ

Pray four raka'at (cycle) of salat ut Tasabih.

SALAT ASH SHUKUR صَلَاةُ الشُّكْرِ

Pray 2 rak'at (cycle) Salatul Shukur to thank Allah for everything He has given us of His bounty.

IHDA (Gift) إِهْدَاءُ

Read the [Ihda invocation](#)

DU'A WAL FATIHA دُعَا وَ الْفَاتِحَةُ

Make invocation and read the first chapter of Quran ([Al Fatiha](#)).

Days to Fast in Rajab:

It is desired to fast in the following days:

- First day of Rajab
- First Thursday of Rajab
- 27th of Rajab
- Last day of Rajab