

# قيام الليل في شهر رجب

## Qiyamul Lail fi Shahre Rajab

### Rajab's Nightly/Early Morning Devotion

سُبْحَانَ الَّذِي أَسْرَىٰ بِعَبْدِهِ لَيْلًا مِّنَ الْمَسْجِدِ الْحَرَامِ إِلَى الْمَسْجِدِ الْأَقْصَىٰ ... (١)

“Exalted is He who enraptured His servant by night from the Sacred mosque (Makkah) to the Farthest Mosque (Masjid alAqsa)...”(The Night Journey 17:1)

1. Wake up **two hours before Fajr** prayer
2. Make **Wudu** (ablution)
3. **Pray 2 raka'at Salatul Tahyatul Wudu** (Pray two-cycle regular prayer)
4. Make **Niyat** (Intention) by reciting:

نُؤَيِّتُ الْأَرْبَعِينَ، نُؤَيِّتُ الْأَعْتِكَافَ، نُؤَيِّتُ الْخُلُوةَ، نُؤَيِّتُ الْعِزْلَةَ، نُؤَيِّتُ الرِّيَاضَةَ، نُؤَيِّتُ السُّلُوكَ لِلَّهِ تَعَالَى الْعَظِيمِ فِي هَذَا الْمَسْجِدِ. (فِي هَذَا الْجَامِعِ)

**Nawaytul Arba'een, Nawaytul 'itikaf, Nawaytul Khalwah  
Nawaytul 'Uzlah, Nawaytur Riyada, Nawaytus Sulook,  
Lillahi Ta`ala I 'Azhim fee hadhal masjid (or fee hadhal jami`)**

I intend the forty (days of seclusion), I intend seclusion in the mosque, I intend seclusion, I intend isolation, I intend discipline (of the ego), I intend to travel in God's Path, for the sake of God in this mosque.

To have the intention that Allah makes me to meet spiritually with Rasulullah (saws), Imam al Mahdi (as) and Mawlana Shaykh)

5. **100X Ya Halim** يَا حَلِيمُ (The Forbearing, Most Gentle) (for removing anger)
6. **100X Ya Hafeez** يَا حَفِيزُ (The Protector) (for Protection and Removing affliction)
7. **100 X Salawat**  
(Imagine yourself in the blessed Garden in front of the *maqam* of the Prophet Muhammad (saw), al *Rawdah Sharif* in *Madinatul Munawera* facing *Rasulallah* (saws) and saying the following:

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ، وَعَلَى آلِ سَيِّدِنَا مُحَمَّدٍ

**"Allahumma salli 'ala Sayyidina Muhammadin, wa 'ala ali Muhammadin wa sallim"**

O Allah! Send Peace and blessings upon Muhammad and upon the Family of Muhammad (Peace be Upon him)

8. Recite:

يَا رَبَّ الْعِزَّةِ وَالْعَظَمَةِ وَالْجَبْرُوتِ

**"Ya Rabbil 'izzati wal 'azhamati wal Jabbaroot"**

“O Lord of the Honour, and Might and Magnificence, and Omnipotence.”

## 9. INTENTION - Niyyat <sup>النِّيَّة</sup>:

Take **3 steps forward in the direction of Qibla**, right foot first, and

Say the following du'as :

يَا رَبِّي، إِنِّي نَوَيْتُ أَنْ أَتَقَدَّمَ نَحْوَ بَحْرِ وَحَدَانِيَّتِكَ إِلَى مَقَامِ الْفَنَاءِ فِيكَ، فَلَا تُرُدَّنِي يَا رَبِّي يَا اللَّهُ خَائِبًا حَتَّى تُوَصِّلَنِي إِلَى ذَلِكَ الْمَقَامِ - الْمَقَامِ الْفَرْدَانِيِّ.

***Ya Rabbi, innani nawaytu an ataqadama nahwa bahri wahdaniyyatika ilaa maqaamil fanaa eh fika. Falaa tarudani ya Rabbi, ya Allah khaaiban hatta tuwassilani ilaa dhaakal maqaam – al maqaamul fardani.***

O my Lord, I am moving and stepping forward for the Station of Annihilation in the Divine Presence. Oh my Lord, O Allah (Glory be to You), I am asking you to vanish me in Your Existence and, O my Lord, I am moving toward your ocean of Unity, the Ocean of *Wahdaniyah*, O my Lord, don't reject me until I reach the unique *Maqam al Fardani*.

"O my Lord, as Grandshaykh Shaykh Abdullah al Fa`izi adDaghistani and Mawlana Shaykh Muhammad Nazim alQubrusi alHaqqani, and Mawlana Shaykh Hisham Kabbani, as they made seclusion in this month and whatever *niyyat* (intention) they made, *Ya Allah*, let me be joined with their *niyyat*, because my tongue cannot say what is necessary to be said, so please share my *niyyat* with theirs. With this intention I come to your door."

## **Du'a (Supplications)**

### 10. Supplications - DU'A

يَا رَبِّي يَا اللَّهُ حَيْثُ هَذَا الشَّهْرُ هُوَ شَهْرُكَ، جِئْتُكَ ضَعِيفًا وَنَاوِيًا أَنْ أَعْمَلَ عَمَلًا بِدُونِ عَوْضٍ أَوْ أَنْ يَكُونَ فِيهِ طَلَبًا لِلْفَضِيلَةِ، قَاصِدًا إِيَّاكَ، إِلَهِي أَنْتَ مَقْصُودِي وَرِضَاكَ مَطْلُوبِي.

***Ya Rabbi, Ya Allah haithu hadha ashShahru huwa shahraka, jetuka da'ifan wa nawian an 'amala 'amalan bidon 'iwadun aw an yakona fihi talaban lil fadilati qasidan iyyaka Ilahi anta maqsodi wa ridaka matlobi.***

O my Lord, since this month is your month – *Rajabun Shahrullah (Rajab Month of Allah)*– I came to you as a weak guest and intending to worship You, without asking anything in return. My God, You are my aim, and Your good pleasure is what I seek. That is why I am coming, please don't reject me.

يَا رَبِّي كُلُّ عُمْرِي قَدْ أَمْضَيْتُهُ فِي الْمَعَاصِي وَالشَّرِكِ الْخَفِيِّ. وَ إِنِّي أَقْرُ بِأَنْنِي لَمْ آتِ إِلَى بَابِكَ بِعَمَلٍ مَقْبُولٍ عِنْدَكَ. أَنْتَ اللَّهُ الَّذِي لَا يَأْتِي أَحَدٌ إِلَى بَابِكَ بِعَمَلِهِ، بَلْ بِفَضْلِكَ وَجُودِكَ وَكَرَمِكَ وَإِحْسَانِكَ. أَنْتَ اللَّهُ الَّذِي لَا تُرَدُّ عَبْدًا جَاءَ إِلَى بَابِكَ فَلَا تُرُدَّنِي يَا اللَّهُ.

***Ya Rabbi, kullu 'umri qad amdaytuhu fil ma'asi wash shirkil khafi. Wa innani uqirru bi annani lam ati ila babika bi 'amalin maqbolin 'indaka anta Allahul ladhi la yati ahadun ila babika bi 'amalihi bal bi fadlika wa jodika wa karamakika wa ihsanika. Anta Allahul ladhi la taruddu 'abdan ja a ila babika fala taruddani ya Allah.***

O my Lord, all my life I spent in *kufr* (disbelief) and *shirk khafi* (hidden polytheism), and bad behavior, and I am declaring wholeheartedly that I did not do any deed that is accepted by You. You are Allah, Who never threw away anyone that came to Your door. You are Allah, and no one came to Your door by his deeds, but (only) by Your grant and reward.

يَا رَبِّي كُلُّ أُمُورِي فَوَّضْتُهَا إِلَيْكَ حَيَاتِي وَمَمَاتِي وَبَعْدَ مَمَاتِي وَيَوْمَ الْمَحْشَرِ. كُلُّ أُمُورِي حَوَّلْتُهَا عِنْدَكَ. وَفَوَّضْتُ أَمْرِي إِلَيْكَ، لَا أَمْلِكُ مِنْ أَمْرِ نَفْسِي شَيْئًا. لَا نَفْعًا وَلَا ضَرًّا وَلَا مَوْتًا وَلَا حَيَاةً وَلَا نُشُورًا. كُلُّ أُمُورِي وَحِسَابِي وَسُؤَالِي وَجَوَابِي حَوَّلْتُهُ عِنْدَكَ يَا رَبِّي يَا اللَّهَ. نَاصِيَّتِي بِيَدِكَ، وَأَنَا عَاجِزٌ عَنِ الْجَوَابِ وَلَوْ مِثْقَالَ ذَرَّةٍ.

***Ya Rabbi, Kullu umori fawwadtuha ilayka, hayati wa mamati, wa ba'da mamati, wa yawmul hashr. Kullu umuri hawwaltuha 'indaka. Wa fawwadu amri ilayka, la amliku min amri nafsi shayan. La naf'an, wa la darran, wa la mawtan, wa la hayatan, wa la nushoran. Kullu umori wa hisabi wa suali wa jawabi hawwaltuhu 'indaka ya Rabbi, Ya Allah. Nasiyati biyadika wa ana 'ajizun 'anil jawabi wa la mithqala dharratin.***

O my Lord, I have given all my affairs into Your hands – my life, my death, my afterlife, and Judgment Day. All my affairs I have transferred to You and You are the One Who controls me. O my Lord, I do not possess anything with my *nafs* (ego) and my soul. I cannot give good to myself or bad to myself, or life to myself, or death to myself, but I have transferred all my accounts, and all Your judgment on me, and all Your questions to me and all my answers; I have transferred to you. Whatever You want to do with me, You do. My neck is in Your hand. I am helpless from answering Your questions, even the smallest answer I cannot answer. (With all this weakness, helplessness, and hopelessness, I am coming to Your door.)

لَوْ كَانَ لَكَ يَا رَبِّي بَابَيْنِ، أَحَدُهُمَا مُخَصَّصٌ لِلتَّائِبِينَ مِنْ عِبَادِكَ الْمُؤْمِنِينَ وَالْآخَرُ لِلتَّائِبِينَ مِنْ عِبَادِكَ الْعَاصِينَ، جِئْتُكَ يَا اللَّهُ نَحْوُ بَابِكَ الَّذِي يَحْتَاجُ أَنْ يَدْخُلَ مِنْهُ عِبَادِكَ الْعَاصِينَ وَإِنِّي أَقْرُ وَأَعْتَرِفُ أَنَّهُ يَجِبُ أَنْ أُجَدِّدَ إِسْلَامِي وَإِيمَانِي مِنْ هَذَا الْبَابِ لِإِظْهَارِ الْعَجْزِ.

***Law kana laka Ya Rabbi, babayni ahada huma mukhasasun lit taibeen min 'ibadikal mumineen wal aakharu lit taibeen min 'ibadikal 'aaseen. Ji tuka ya Allah, nahwo babikal ladhi yahtaju an yadkhula minho 'ibadikal 'aaseen. Wa innani uqirru wa a' tariff annahu yajibu an ujaddida Islami wa Imani min hadhal bab li izharil 'ajzi.***

O my Lord, if you had two doors for Your servant to enter through - one for the believers from Your servants and one for the unbelievers from Your servants - I am coming to You from the door that the unbeliever needs to come through. And I am declaring and believing this is the only door for me to come through. I am saying to You that I have to renew my Islam (Shahada - testimony of faith) and my Iman (faith), from this door to show humility and helplessness.

وَهَذَا الْعَمَلُ هُوَ أَوَّلُ عَمَلٍ لِي بَعْدَ مَا شَهِدْتُ بِالْإِسْلَامِ حَقًّا يَا رَبِّي وَأَنْتَ وَكَئِيلِي يَا وَكِيلُ حَيْثُ نَقُولُ، اللَّهُ عَلَى مَا نَقُولُ وَكَئِيلٌ وَشَهِيدٌ.

***Wa hadhal 'amalu huwa awwalu 'amalin li ba'da ma shahidtu bil Islami haqqan Ya Rabbi. Wa Anta wakili ya Wakil haithu naqulo Allaha 'Ala ma naqulo Wakeel wa Shahid.***

This Deed and this Shahada is the first deed for me after I am pronouncing the Shahada and entering Islam and You are my *Wakeel* (protector) from whence we say: *God is the Protector and Witness over what we say.*

يَا وَكِيلُ، حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

***"Ya Wakeel. Hasbun Allahu wa Ni'mal Wakeel. (3:173)***

***Wa laa hawla wa laa quwwata illa billahil 'Aliyul 'Azheem.***

O Protector, "Sufficient for us is Allah, and [He is] the best Disposer of affairs."

(Quran 3:173) There is no power and nor strength except by Allah, The High and The Almighty.

**11. Shahada 3X (Testimony of Faith)** (with index finger of right hand raised)

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

***Ashhadu an la ilaha illallah,***

***wa ashhadu anna Muhammadan 'abduho wa rasulu***

(I bear witness that there is no god but Allah, and I bear witness that Muhammad is the Servant and the messenger of Allah.)

**12. Tajdid Urkan al Islam (Re-Affirm Five Pillars of Islam)**

أَقَامُ الصَّلَاةَ، وَإِنَاءُ الزَّكَاةَ، وَالصَّوْمَ رَمَضَانَ، وَحَجَّ الْبَيْتِ

***Iqaamus Salati, wa itauz Zakat, wa Sawmu Ramadan, wa Hajjul bayt.***

I believe in the establishment of prayer, paying the poor-due (charity), fasting of Ramadan, and the Pilgrimage of the House of God.

**13. Tajdid Urkan ul Imaan (Re-Affirm Six pillars of Iman (Faith))**

أَمَنْتُ بِاللَّهِ وَمَلَائِكَتِهِ وَكُتُبِهِ وَرُسُلِهِ وَالْيَوْمِ الْآخِرِ وَالْقَدْرِ خَيْرِهِ وَشَرِّهِ مِنْ اللَّهِ تَعَالَى

***Aamantu Billahi wa Malaikatihi wa Kutubihi wa Rusulihi wal Yawmil Akheri, wa bi qadri khairihi wa sharrihi min Allahi Ta'ala, wal ba'the ba'dal mawt.***

I believe in Allah, His Angels, His books, His Messengers, the Last Day, and the Destiny – its good and its bad – is from God, the Most High.

**14. Du'a (Supplication)**

يَا رَبِّي يَا اللَّهُ، كَمْ ظَهَرَ مِنِّي مِنَ الدُّنُوبِ وَالْمَعَاصِي ظَاهِرًا وَبَاطِنًا وَسِرًّا مِنْ عَهْدِ إِجَادِ دَرَّتِي وَرُوحِي، وَدُخُولِ رُوحِي إِلَى جِسْمِي، وَظُهُورِي مِنَ الْعَدَمِ إِلَى الْوُجُودِ، وَظُهُورِي فِي عَالَمِ الدُّنْيَا إِلَى يَوْمِنَا هَذَا، رَجَعْتُ عَنِ الْجَمِيعِ إِلَيْكَ بِالتَّوْبَةِ وَالْإِسْتِغْفَارِ.

***Ya Rabbi, ya Allah, kam zhahara minni minadh dhunobi wal ma'asi zhahiran wa batinan wa sirran min 'ahdi ijadi dharrati wa rohi, wa dukholi rohi ila jismi, wa zhuhori minal 'adami ilal wojodi, wa zhuhori fi 'alamid dunya ila yawmina hadha, raja'tu 'anil jami'ee ilayka bit tawbati wal isteghfhar.***

O my Lord, from the Day of Promises, whatever there was of promise from me to You, ("Alastu bi Rabbikum, Qaloo balaa ("Am I not your Lord?" They said, "Yes")(Quran 7:172) – I accept and promise to do it all. O my Lord, Ya Allah, from the day You created my *dharrah* (atom), my essence, and from the day You entered my soul to my body, and from the day my soul came from absolute abstract to existence, and came in to this world, until this day; how much of the disobedience has appeared from me and my essence, and from my soul and my body, spiritually and physically! I am regretting them all, and regretting what I did, and coming back to You asking forgiveness and repentance.

وَإِنِّي قَدْ دَخَلْتُ وَسَلَكْتُ فِي رَحْمَاتِ شَهْرِكَ هَذَا الْمُبَارَكِ. فَلَا تُرَدِّنِي يَا رَبِّي عَنْ بَابِكَ وَلَا تُتْرَكْنِي لِأَحْوَالِ نَفْسِي وَلَوْ لِلْحِظَّةِ، وَأَنَا أَسْتَغْفِرُكَ.

***Wa innani qad dakhaltu wa salaktu fi rahmaati shahrika hadhal Mubarak fala taruddni ya Rabbi, 'an babika wa la tatrunki li ahwali nafsi wa law li lahzah wa ana astaghferuka.***

O my Lord, I entered and I moved into the ocean of blessings of Your praised month. O my Lord, do not reject me from Your door and don't leave me to my ego even for a blink of an eye and I am asking forgiveness by saying, (*Astaghfirullah*)

#### **15. Prepare for Tafakkur/Muraqabah (Mediation)**

- Sit on your Prayer carpet, facing Qibla (direction of Ka`bah Sharif)
- Cover yourself with light white cloth and Light a candle

### **Naqshbandi Wazifa (Daily Practice)**

#### **16. Complete the Naqshbandi Daily Wazifa/Awrad (Daily Practice):**

- 3X Shahada ((Testimony of Faith)** (With the right hand index finger raised)  
أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ  
*Ashhadu an la ilaha illallah, wa ashhadu anna Muhammadan 'abduhu wa Rasulu.*
- 70 X Astaghfirullah** (I seek Forgiveness from Allah) أَسْتَغْفِرُ اللَّهَ
- Surat al Fatiha** ([Ch. 1](#) of Holy Quran)  
(with intention of being dressed with *tajalli* (manifestation) that come down to Makkah)
- Amanar Rasul** ([Ch. 2:285](#))
- 7x Surat ash Sharh** (*Alam Nashra laka Sadrak*)([Ch. 94](#) of Quran)
- 11x Surat alIkhlas** ([Ch. 112](#))
- Surat alFalaq** ([Ch. 113](#))
- Surat alNas** ([Ch. 114](#))
- 9X La ilaha illallah** (There is no God but Allah.) لَا إِلَهَ إِلَّا اللَّهُ
- 1X La illaha illallah, Muhammadun Rasulullah** لَا إِلَهَ إِلَّا اللَّهُ مُحَمَّدٌ رَسُولُ اللَّهِ  
There is no God but Allah. Muhammad (saws) is the messenger of Allah
- 10X Salawat**

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ، وَعَلَى آلِ سَيِّدِنَا مُحَمَّدٍ وَسَلِّمْ.

***(Allahumma salli 'ala Sayyidina Muhammadin, wa `ala ali Muhammadin wa sallim)***

O Allah! Send Peace and blessings upon Muhammad and upon the Family of Muhammad (Peace be Upon him)

**l) Ihda (Ila Sharafin Nabi):**

إِلَى شَرَفِ النَّبِيِّ (ص) وَإِلَيْهِ وَصَحْبِهِ الْكَرَامِ، وَإِلَى أَرْوَاحِ إِخْوَانِهِ مِنَ الْأَنْبِيَاءِ وَالْمُرْسَلِينَ وَخُدَمَاءِ شَرَائِعِهِمْ، وَإِلَى أَرْوَاحِ الْأَئِمَّةِ الْأَرْبَعَةِ، وَإِلَى أَرْوَاحِ مَشَائِخِنَا فِي الطَّرِيقَةِ النَّقْشَبَنْدِيَّةِ الْعَالِيَةِ خَاصَّةً إِلَى رُوحِ إِمَامِ الطَّرِيقَةِ وَ عَوْتِ الْخَلِيقَةِ خَوَاجَهُ بِهِاءِ الدِّينِ النَّقْشَبَنْدِ مُحَمَّدِ الْأُوَيْسِيِّ الْبُخَارِيِّ، وَإِلَى سُلْطَانِ الْأَوْلِيَاءِ مَوْلَانَا الشَّيْخِ عَبْدِ اللَّهِ الْفَائِزِ الدَّاعِغِسْتَانِيِّ وَإِلَى سُلْطَانِ الْأَوْلِيَاءِ مَوْلَانَا الشَّيْخِ مُحَمَّدِ نَازِمِ الْحَقَّانِيِّ وَمَوْلَانَا الشَّيْخِ هَيْشَامِ الْقَبَانِيِّ وَالشَّيْخِ أَدْنَانَ الْقَبَانِيِّ وَسَائِرِ سَادَاتِنَا وَالصِّدِّيقِينَ. الْفَاتِحَةَ.

**"Ila sharifin Nabi (sallallahu 'alayhi wa Sallam) wa aalihi wa sahbihil kiram, wa ila arwahi ikhwanihi minal Anbiyaa wal Mursalin, wa khudamaai sharay'ihim, wa ila arwahil a'imatil arba'ah, wa ila arwahi mashayikhina fit tariqatin Naqshbandiyyatil 'aaliyyah khasatan ila ruhi Imamit tariqat wa ghawthil khaliqatii Khwaja Bahaudini Naqshband Muhammadal Uwaisil Bukhari, wa ila sultanul Awliya Mawlana Shaykh Abdullahil Faizad Daghestani, wa ila sultanul Awliya Mawlana Shaykh Muhammad Nazim alHaqqani, wa Mawlana Shaykh Hisham Kabbani, wa Shaykh Adnan Kabbani, wa sayiri sadatina wa sadiqin."**

**m) Surat al Fatiha**

(with intention of being dressed with the *tajallis* (manifestations) that came down to Madinatul Munawera)

**17. 5000X Allah (Say it loud)**

**18. 5000X Allah (Say it in silence)**

**Special Salats (Prayers):**

**19. Salatun Najat (Prayer of Salvation)** (2 Raka'at (cycle) prayer –

1. First Cycle – After Fatiha, recite Verse of Throne ([2:255](#)), ([3:18-19](#)), and ([3:26-27](#))

2. Second Cycle – After Fatiha, Recite 11X Surat al Ikhlas ([Ch. 112](#))

(For dua' and detailed instruction see [page 262](#) of The Naqshbandi Sufi Tradition Guidebook)

**20. Salatush Shukr (Prayer of Gratitude)**(2 Raka'at (cycle) regular prayer)

**21. Salatut Tasabih** (Pray 4 cycle Prayer -

(For instruction see [page 264](#) of The Naqshbandi Sufi Tradition Guidebook)

**22. Salatut Tahajjud** (Pray 2 cycle regular prayer)

**AWRAD (Practices):**

**1000X Salawat** (Salutation on Prophet Muhammad (saws)

**Allahumma salli 'ala Sayyidina Muhammadin, wa 'ala ali Muhammadin wa sallim**

O Allah! Send Peace and blessings upon Muhammad and upon the Family of Muhammad (Peace be Upon him)

- 23. 100 X Surat alIkhlas** (Sincerity, [Ch. 112](#) of Holy Quran)  
(With the intention to be counted for one *juz of Qur'an*)
- 24. 100 X Salawat** (With the intention to be counted as *Dala'ilul Khayrat*)
- 25. 500 X Ya Samad**(O Self-Sufficient) (With intention to eliminate bad ego)
- 26. 500 X Astaghfirullah** (I seek forgiveness from Allah)  
(With the intention that Allah forgive my sins from the day of creation of my soul to the present day)
- 27. 500 X Astaghfirullah** (I seek forgiveness from Allah)  
(With the intention that from the present day to the last day on earth Allah will protect against sins)
- 28. 500 X Alhamdulillah** (Praise be to Allah)  
(For Allah did not create me from the nation of other prophets)
- 29. 500 X Alhamdulillah** (Praise be to Allah)  
(For Allah has created me from the nation of Muhammad (saws) and honored me by Sayyidina Abu Bakr asSiddiq, Sayyidina 'Abdul-Khaliq alGhujdawani, Shaykh Sharafuddin adDaghestani, Grandshaykh Abdullah alFa'izi adDaghestani and honored me by making me a follower of Mawlana Shaykh Muhammad Nazim alHaqqani, and Mawlana Shaykh Hisham Qabbani.)
- 30. Ihda:**