

آداب شهر رجب

PRACTICES OF WELCOMING MONTH OF RAJAB

From the Naqshbandi Sufi Tradition Guidebook

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This *adab* (practice) is performed on the day before the holy month of Rajab (7th lunar month) begins, between Salatul `Asr and Maghrib.

1. Perform ritual purification **Ghusl/Shower** between Salatul `Asr and Maghrib.
2. Make **Wudu** (ablution), Dress in best clothes
3. **Pray 2 raka'at Salatul Sunnatul Wudu** (Pray two-cycle regular prayer)
4. **Take 3 steps in the direction of the Qiblah**, in your place of worship, right leg first and Recite:

يَا رَبِّ الْعِزَّةِ وَالْعَظَمَةِ وَالْجَبَّارُوتِ

"Ya Rabbil 'izzati wal 'azhamati wal Jabbaroot"

O Lord of Honor and Greatness, Imposer of Thy Will.

5. Make **Intention - Niyyat** **النِّيَّةُ** by reciting:

نُؤَيِّتُ الْأَرْبَعِينَ، نُؤَيِّتُ الْأَعْتِكَافِ، نُؤَيِّتُ الْخَلْوَةِ، نُؤَيِّتُ الْعِزْلَةَ،
نُؤَيِّتُ الرِّيَاضَةَ، نُؤَيِّتُ السُّلُوكِ لِلَّهِ تَعَالَى الْعَظِيمِ فِي هَذَا الْمَسْجِدِ. فِي هَذَا الْجَامِعِ

Nawaytul Arba'een, Nawaytul 'itikaf, Nawaytul Khalwah, Nawaytul 'Uzlah, Nawaytur Riyada, Nawaytus Sulook, Lillahi Ta'ala al 'Azhim fee hadhal masjid (or fee hadhal jami')

I intend the forty (days of seclusion); I Intend seclusion in the masjid, I Intend seclusion, I Intend isolation, I Intend discipline (of the ego), I intend to travel in God's Path for the sake of God in this masjid.

6. **100X Ya Halim** يَا حَلِيمُ (The Forbearing, Most Gentle) - for removing anger
7. **100X Ya Hafeez** يَا حَفِيزُ (The Protector) - for protection and removing affliction
8. **100x Salawat** (Praising)

(Make the intention that God makes you to be in the spiritual presence of the Prophet Muhammad (saw), Imam Mehdi (as) and our Shaykhs.)

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ، وَعَلَى آلِ سَيِّدِنَا مُحَمَّدٍ وَسَلِّمْ.

"Allahumma salli 'ala Sayyidina Muhammadin, wa 'ala aali Sayyidina Muhammadin wa sallim"

O Allah! Send Peace and blessings upon Muhammad and upon the Family of Muhammad (Peace be Upon him)

7. Intention - Niyyat ^{النية}:

يَا رَبِّي، إِنِّي نَوَيْتُ أَنْ أَتَقَدَّمَ نَحْوَ بَحْرِ وَحَدَانِيَّتِكَ إِلَى مَقَامِ الْفَنَاءِ فِيكَ، فَلَا تَرُدَّنِي يَا رَبِّي يَا اللَّهُ خَائِبًا حَتَّى تُوَصِّلَنِي إِلَى ذَلِكَ الْمَقَامِ - الْمَقَامِ الْفَرْدَانِيِّ.

Ya Rabbi, innani nawaytu an ataqadama nahwa bahri wahdaniyyatika ilaa maqaamil fanaa eh fika. Falaa tarudani ya Rabbi, ya Allah khaaiban hatta tuwassilani ilaa dhaakal maqaam – al maqaamul fardani.

O my Lord, I am moving and stepping forward for the Station of Annihilation in the Divine Presence. O Allah glory be to You, the Most High - I am asking you to vanish me in Your Existence, and I am moving toward your ocean of Unity, the Ocean of *Wahdaniyah*. O my Lord don't reject me until I reach the unique station of *Maqam al Fardani*.

"O my Lord, as Grandshaykh Abdullah al Fa'yizi adDaghistani and Mawlana Shaykh Muhammad Nazim al Qubrusi alHaqqani, and Mawlana Shaykh Hisham Kabbani, as they made seclusion in this month and whatever *niyyat* (intention) they made, *Ya Allah*, let me be joined with their *niyyat*, because my tongue cannot say what is necessary to be said, so please share my *niyyat* with theirs. With this intention I come to your door."

8. Supplications - DU'A

يَا رَبِّي يَا اللَّهُ حَيْثُ هَذَا الشَّهْرُ هُوَ شَهْرُكَ، جِئْتُكَ ضَعِيفًا وَنَاوِيًا أَنْ أَعْمَلَ عَمَلًا بِدُونِ عَوَضٍ أَوْ أَنْ يَكُونَ فِيهِ طَلَبًا لِلْفَضِيلَةِ، فَاصِدًا إِلَيْكَ، إِلَهِي أَنْتَ مَفْصُودِي وَرِضَاكَ مَطْلُوبِي.

Ya Rabbi, Ya Allah haithu hadha ashShahru huwa shahruka, jetuka da'ifan wa nawian an 'amala 'amalan bidon 'iwadun aw an yakona fihi talaban lil fadilati qasidan iyyaka Ilahi anta maqsodi wa ridaka matlobi.

O my Lord, since this month is your month – *Rajabun Shahrullah* (*Rajab is the Month of Allah*)– I came to you as a weak guest and intending to worship You, without asking anything in return. My God, You are my aim, and Your good pleasure is what I seek. That is why I am coming, please don't reject me.

يَا رَبِّي كُلُّ عُمْرِي قَدْ أَمْضَيْتُهُ فِي الْمَعَاصِي وَالشِّرْكِ الْخَفِيِّ. وَ إِنِّي أُفِرُّ بِأَنْبِي لَمْ آتِ إِلَى بَابِكَ بِعَمَلٍ مَقْبُولٍ عِنْدَكَ. أَنْتَ اللَّهُ الَّذِي لَا يَأْتِي أَحَدٌ إِلَى بَابِكَ بِعَمَلِهِ، بَلْ بِفَضْلِكَ وَجُودِكَ وَكَرَمِكَ وَإِحْسَانِكَ. أَنْتَ اللَّهُ الَّذِي لَا تَرُدُّ عَبْدًا جَاءَ إِلَى بَابِكَ فَلَا تَرُدَّنِي يَا اللَّهُ.

Ya Rabbi, kullu 'umri qad amdaytuhu fil ma'asi wash shirkil khafi. Wa innani uqirru bi annani lam ati ila babika bi 'amalin maqbolin 'indaka anta Allahul ladhi la yati ahadun ila babika bi 'amalihi bal bi fadlika wa jodika wa karamakika wa ihsanika. Anta Allahul ladhi la taruddu 'abdan ja a ila babika fala taruddani ya Allah.

O my Lord, all my life I spent in disbelief, committing sins and *shirk khafi* (hidden polytheism), and bad behavior. And I am declaring wholeheartedly that I did not do any deed that is accepted by You. You are Allah, and no one came to Your door by his deeds, but (only) by Your grant and reward. You are Allah, Who never threw away anyone that came to Your door. O Allah, please don't throw me out.

يَا رَبِّي كُلُّ أُمُورِي فَوَضَّعْتُهَا إِلَيْكَ حَيَاتِي وَمَمَاتِي وَبَعْدَ مَمَاتِي وَيَوْمَ الْمَحْشَرِ. كُلُّ أُمُورِي حَوَّلْتُهَا عِنْدَكَ. وَفَوَضْتُ أَمْرِي إِلَيْكَ، لَا أَمْلِكُ مِنْ أَمْرِ نَفْسِي شَيْئًا. لَا نَفْعًا وَلَا ضَرًّا وَلَا مَوْتًا وَلَا حَيَاةً وَلَا نُشُورًا. كُلُّ أُمُورِي وَحِسَابِي وَسُؤَالِي وَجَوَابِي حَوَّلْتُهُ عِنْدَكَ يَا رَبِّي يَا اللَّهُ. نَاصِيَتِي بِيَدِكَ، وَأَنَا عَاجِزٌ عَنِ الْجَوَابِ وَلَوْ مِثْقَالَ ذَرَّةٍ.

Ya Rabbi, Kullu umori fawwadtuha ilayka, hayati wa mamati, wa ba'da mamati, wa yawmul hashr. Kullu umuri hawwaltuha 'indaka. Wa fawwadu amri ilayka, la amliku min amri nafsi shayan. La naf'an, wa la darran, wa la mawtan, wa la hayatan, wa la nushoran. Kullu umori wa hisabi wa suali wa jawabi hawwaltuhu 'indaka ya Rabbi, Ya Allah. Nasiyati biyadika wa ana 'ajizun 'anil jawabi wa la mithqala dharratin.

O my Lord, I have given all my affairs into Your hands – my life, my death, my afterlife, and Judgment Day. All my affairs I have transferred to You and You are the One Who controls me. O my Lord, I do not possess anything with my *nafs* (ego) and my soul. I cannot give good to myself or bad to myself, or life to myself, or death to myself, but I have transferred all my accounts, and all Your judgment on me, and all Your questions to me and all my answers; I have transferred to you. Whatever You want to do with me, You do. My neck is in Your hand. I am helpless from answering Your questions, even the smallest answer I cannot answer. (With all this weakness, helplessness, and hopelessness, I am coming to Your door.)

لَوْ كَانَ لَكَ يَا رَبِّي بَابَيْنِ، أَحَدُهُمَا مَخْصَصٌ لِلتَّائِبِينَ مِنْ عِبَادِكَ الْمُؤْمِنِينَ وَالْآخَرَ لِلتَّائِبِينَ مِنْ عِبَادِكَ الْعَاصِينَ، جِئْتُكَ يَا اللَّهُ نَحْوُ بَابِكَ الَّذِي يَحْتَاجُ أَنْ يَدْخُلَ مِنْهُ عِبَادِكَ الْعَاصِينَ وَإِنِّي أَقْرُ وَأَعْتَرِفُ أَنَّهُ يَجِبُ أَنْ أَجِدَّ إِسْلَامِي وَإِيمَانِي مِنْ هَذَا الْبَابِ لِإِظْهَارِ الْعِزِّ.

Law kana laka Ya Rabbi, babayni ahada huma mukhasasun lit taibeena min 'ibadikal mumineen wal aakharu lit taibeena min 'ibadikal 'aaseen. Ji tuka ya Allah, nahwo babikal ladhi yahtaju an yadkhula minho 'ibadikal 'aaseen. Wa innani uqirru wa a' tariff annahu yajibu an ujaddida Islami wa Imani min hadhal bab li izharil 'ajzi.

O my Lord, if you had two doors for Your servant to enter through - one for the believers from Your servants and one for the unbeliever from Your servants - I am coming to You from the door that the unbeliever needs to come through. And I am declaring and believing this is the only door for me to come through. I am saying to You that I have to renew my Islam (Shahada - testimony of faith) and my Iman (faith), from this door to show humility and helplessness.

وَهَذَا الْعَمَلُ هُوَ أَوَّلُ عَمَلٍ لِي بَعْدَ مَا شَهِدْتُ بِالْإِسْلَامِ حَقًّا يَا رَبِّي وَأَنْتَ وَكِيلِي يَا وَكِيلَ حَيْثُ نَقُولُ، اللَّهُ عَلَى مَا نَقُولُ وَكِيلٌ وَشَهِيدٌ.

Wa hadhal 'amalu huwa awwalu 'amalin li ba'da ma shahidtu bil Islami haqqan Ya Rabbi. Wa Anta wakili ya Wakil haithu naqulo Allaha 'Ala ma naqulo Wakil wa Shahid.

This Deed and this Shahada is the first deed for me after I am pronouncing the Shahada and entering Islam and You are my *Wakeel (protector) from whence we say: God is the Protector and Witness over what we say.*

يَا وَكِيلُ، حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

Ya Wakil, hasbunAllahu wa ni'mal Wakil, wa la hawla wa la quwwata illa billahil 'Aliyul 'Azhim.

O Protector, "Sufficient for us is Allah, and [He is] the best Disposer of affairs." (Quran 3:173) There is no power and nor strength except by Allah, The High and The Almighty.

9. Shahada 3x recite with Index finger raised ثم تبدأ بكلمتي الشهادة (3 مرات).
أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

***Ashhadu an la ilaha illallah,
wa ashhadu anna Muhammadan 'abduho wa Rasulu.***

I bear witness that there is no Deity but Allah, and I bear witness that Prophet Muhammad (pbuh) is the Servant and the Messenger of Allah (aj).

10. Re-affirm five pillars of Islam – Tajdid Urkan al Islam: تجديد أركان الإسلام:
إِقَامُ الصَّلَاةِ، وَإِيتَاءُ الزَّكَاةِ، وَالصَّوْمُ رَمَضَانَ، وَحَجُّ الْبَيْتِ

Iqaamus Salati, wa itauz Zakat, wa Sawmu Ramadan, wa Hajjul bayt.

I believe in the establishment of prayer, paying the poor-due (charity), fasting of Ramadan, and the Pilgrimage of the House of God.

11. Re-Affirm Six pillars of Iman (Faith) – Tajdid Urkan ul Imaan تجديد أركان الإيمان

أَمَنْتُ بِاللَّهِ وَمَلَائِكَتِهِ وَكُتُبِهِ وَرُسُلِهِ وَالْيَوْمِ الْآخِرِ وَالْقَدْرِ خَيْرِهِ وَشَرِّهِ مِنْ اللَّهِ تَعَالَى

***Aamantu Billahi wa Malaikatihi wa Kutubihi wa Rusulihi wal Yawmil Akheri,
wa bi qadri khairihi wa sharrihi min Allahi Ta'ala.***

I believe in Allah, His Angels, His books, His Messengers, the Last Day, and the Destiny – its good and its bad – is from Allah, the Most High.

12. Supplications - Du'a

وَإِنِّي قَدْ دَخَلْتُ وَسَلَّكْتُ فِي رَحْمَاتِ شَهْرِكَ هَذَا الْمُبَارَكِ. فَلَا تُرُدَّنِي يَا رَبِّي عَنْ بَابِكَ وَلَا تَتْرُكْنِي لِأَحْوَالِ نَفْسِي وَلَوْ لِلْحِظَّةِ، وَأَنَا أَسْتَغْفِرُكَ.

Wa innani qad dakhaltu wa salaktu fi rahmaati shahrika hadhal Mubarak fala taruddni ya Rabbi, 'an babika wa la tatrakni li ahwali nafsi wa law li lahzah wa ana astaghferuka.

O my Lord, I entered and I moved into the ocean of blessings of Your praised month. O my Lord, do not reject me from Your door and don't leave me to my ego even for a blink of an eye and I am asking forgiveness by saying, (*Astaghfirullah*)

13. 100 X Astaghfirullah أَسْتَغْفِرُ اللَّهَ

I ask Allah's forgiveness

14. Daily Adab (Practice) of Naqshbandi Path أَدَبُ الطَّرِيقَةِ (Adab ul Tariqa)

Read the [Daily Adab](#) Spiritual Practice of the Naqshbandi Nazimiya Sufi Way.

15. Du'a ul Mathur

دعاء الأعظم المأثور مولا نا الشيخ عبد الله الفائز الدغستاني (ق)

Du'a ul 'Azam ul mathur - Shaykh Abdullah al Fa'iz adDaghestani (Q)

The Grand Transmitted Supplication of Grandshaykh Abdullah al Faiz ad Daghestani (May Allah sanctify his secret)

Read the ([Dua ul 'Azam ul mathur](#)) of Sultan al Awliya Shaykh Abdullah Daghestani.