

آداب ليلة البراءة / نصف شعبان *Adaab of Lailatul Bara'ah/Nisfe Sha'ban*

Practices of the 15th of Sha'ban The Night of Freedom from Fire

Sha'ban is the 8th Lunar month in the Islamic Calendar. Prophet Muhammad (saws) mentioned in a hadith, "Rajab is the month of Allah, Sha'ban is my month, and Ramadan is the month of my Nation."

A significant feature of the month of Sha'ban is that it consists of "*Lailatul Bara'ah*" (Night of Freedom from Fire). This is the night preceding the 15th day of Sha'ban. Traditions of Prophet Muhammad prove that it is a meritorious night in which the people of the earth are attended by special Divine Mercy and special blessings are directed towards the Muslims.

Therefore, this night should be spent in total submission to Allah Almighty, and one should refrain from activities which may displease Allah. Prophet (saws) said; "When the night of 15th Sha'ban arrives spend the night awake and keep fast the next day." To observe the Night of Bara'ah, one should remain awake on this night and spend the whole night in worship and prayer. However, if one cannot do so, he can select a considerable portion of the night, preferably the second half of it for this purpose, and perform the following acts of worship.

Adab (Practices) of Lailatul Bara'ah

On the 14th day of Sha'ban, after Salatul 'Asr (before sunset) prayer:

- 1. Perform** the Major ritual Purification (**Ghusul/Shower**)
- 2.** Dress in the best clothes
- 3. Pray 2 raka'at Sunnah of *Salatul Tahyatul Wudu*** (two-cycle regular prayer)

After salatul Maghrib or Isha (night prayer), on the 14th of Shaban which is the Holy Night preceding the 15th of Sha'ban, it is traditional practice to do the following:

1. RECITE SURAT YASEEN ([Chapter 36](#) of Holy Quran) **3 times**, with the following intentions:

- 1.** First read with the niyah (intention) for **Long Life in Islam and Iman (faith)**
- 2.** Second time read with the niyah (intention) for **Protection from Calamities.**
- 3.** Third time read with the niyah (intention) of **Receiving one's Sustenance without reliance on mankind.**

After reading each time, recite the following du'a (supplication):

اللَّهُمَّ يَا ذَا الْمَنِّ لَا يُمَنُّ عَلَيْهِ أَحَدٌ ، يَا ذَا الْجَلَالِ وَالْإِكْرَامِ يَا ذَا الطُّوْلِ وَالْأَنْعَامِ، لَا إِلَهَ إِلَّا أَنْتَ
ظَهَرَ اللَّاجِئِينَ، وَجَارَ الْمُسْتَجِيرِينَ، وَأَمَانُ الْخَائِفِينَ. اللَّهُمَّ إِنْ كُنْتَ كَتَبْتَنِي عِنْدَكَ فِي أُمِّ الْكِتَابِ
شَقِيًّا أَوْ مَحْرُومًا أَوْ مَطْرُودًا أَوْ مُقْتَرًا عَلَيَّ مِنَ الرِّزْقِ فَامْحُ. اللَّهُمَّ بِفَضْلِكَ شَقَاوَتِي وَحُرْمَانِي
وَطُرْدِي وَإِقْتَارَ رِزْقِي وَثَبْتَنِي عِنْدَكَ فِي أُمِّ الْكِتَابِ سَعِيدًا وَمَرْزُوقًا لِلْخَيْرَاتِ فَإِنَّكَ قُلْتَ وَقَوْلُكَ
الْحَقُّ فِي كِتَابِكَ الْمُنزَلِ عَلَى لِسَانِ نَبِيِّكَ الْمُرْسَلِ: "يَمْحُوا اللَّهُ مَا يَشَاءُ وَيُثَبِّتُ وَعِنْدَهُ أُمُّ الْكِتَابِ."
إِلَهِي بِالتَّجَلِّيِ الْأَعْظَمِ فِي آيَةِ النَّصْفِ مِنْ شَهْرِ شَعْبَانَ الْمُعْظَمِ الْمُكْرَمِ الَّتِي " فِيهَا يُفْرَقُ كُلُّ
أَمْرٍ حَكِيمٍ." وَيُبْرَمُ أَنْ تَكْشِفَ عَنَّا مِنَ الْبَلَاءِ مَا نَعْلَمُ وَمَا لَا نَعْلَمُ وَمَا أَنْتَ بِهِ أَعْلَمُ إِنَّكَ أَنْتَ الْأَعَزُّ
الْأَكْرَمُ. وَ صَلَّى اللَّهُ عَلَى سَيِّدِنَا مُحَمَّدٍ وَ عَلَى آلِهِ وَ صَحْبِهِ وَسَلَّمَ.

Allahumma ya dhal manni la yamannu 'alayhi ahad, ya Dhal Jalali wal Ikram, ya dhat Tooli wal an'am. La ilaha illa Anta. Zaharal laji een, wa Jarul mustajireen, wa amanul kha ifeen. Allahumma in kunta katabtani 'indaka fi Ummul Kitabi shaqiyan aw mahroman, aw matrodan, aw muqataran `alayya minar rizqi famhul lahumma bi fadlika shaqawati wa hurmani wa turdi wa iqtara rizqi wa thabitni 'indaka fi Ummil Kitabi sa'eedan, wa marzoqan lil khayrati fa innaka qulta wa qawlukul Haqq fi kitabikal munzal `ala lisani nabiyyikal mursal: "YamHullahu ma yasha o, wa yuthbitu wa 'indahU Ummul Kitab." (Surat Ar Ra'd [13:39](#))

Ilahi bit tajalli al a'zhami fi lalaytin Nisfi min Shahri Sha'banil mu'azhamil mukarramil lati "Fiha yufraqu kullu amrin Hakim" (Surat Ad Dukhan [44:4](#)) wa yubram, an takshifa 'anna minal bala'i ma na'lamu wa ma la na'lamu wa ma Anta bihi a'alamu innaka Antal A'azzul Akram. Wa sallallahu 'ala Sayyidina Muhammadin wa 'ala alihi wa sahbihi wa sallam.

O Allah, Tireless Owner of Bounty. O Owner of Sublimity, Honor, Power, and Blessings. There is no God except You, the Support of the refugees and Neighbor of those who seek nearness, and Guardian of the fearful. O Allah, if you have written in Your Book that I be abject, deprived, banished, and tight-fisted, then erase O Allah, through Your bounty, my misery, deprivation, banishment, and stinginess. And establish me with You as happy, provided with blessings, for surely You have said—and Your Word is True—in Your Revealed Book on the tongue of Your Messenger, "Allah eliminates or confirms what He wills, and with Him is the Mother of the Book." (Holy Quran, The Thunder 13:39)

O God, by the Great Manifestation of the Night of the middle of the Noble Month of Sha'ban "in which every affair of wisdom is made distinct and authorized," (Holy Quran 44:4) remove from us calamities—those we know and those we do not know, and You know best—for surely You are the Most Mighty, the Most Generous. May Allah bless Muhammad (saws), and his Family, and his Companions.

2. DU'A UL 'AZAMUL MATHUR – The Grand Transmitted Invocation

الدعاء الأعظم المأثور مولا نا الشيخ عبد الله الفائز الدغستاني (ق)

Read the grand transmitted invocation (Dua ul 'Azam ul Mathur) of Sultan al Awliya Shaykh Abdullah Daghestani.

3. MAWLID مَوْلِيدُ

Recite praises on Prophet Muhammad (pbuh).

4. KHATMUL KHAWJAGAN خَتْمُ الْخَوَاجِكَانِ **Dhikr (Remembrance) in Congregation**

Recite the Naqshbandi Sufi Way's Dhikr, divine chanting Khatm ul Khwajagan

5. SALAT UT TASABIH صَلَاةُ التَّسَابِيحِ - أَرْبَعُ رَكَعَاتٍ

Pray four raka'at of salatut Tasabih.

(see page 264 of The Naqshbandi Sufi Tradition Guidebook)

6. SALAT ASH SHUKUR AND QUNUT INVOCATION صَلَاةُ الشُّكْرِ

Pray 2 rak'ats (cycle) regular prayer of Salatut Shukur to thank Allah for everything He has given us of His bounty.

7. PRAY SALATUL KHAIR - which consists of 100 rak'ats

In each rak'at (cycle); Recite Suratal Fatiha and 10X Suratal Ikhlas (The Sincerity, Ch. 112).

After completing the prayer one has recited **1000 X Suratal Ikhlas.**

Sayyidina Muhammad (sallal laahu alaihi wasallam) is reported to have said that Allah (aj) instructs and assigns 100 angels to the person who performs 100 Rak'at Salat on this auspicious night - 30 of which will bring the good news of Jannah, 30 angels to protect one from the 'Azab (Punishment of Hell), 30 to remove all misfortunes and miseries of this world and 10 angels to protect one from Shaitan.

Fast of the 15th of Sha'ban

On the day immediately following the Night of Bara'ah, it is mustahabb (advisable) to keep fast (15th of Sha'ban). Prophet Muhammad is reported to have recommended this fast emphatically. Therefore, it is advisable to fast the 15th of Sha'ban as an optional (nafl) fast. One can also keep a fast of qada (make-up) on this day and it is hoped that he can also benefit from the merits of this fast.