## آدَابْ اَلْتَرْحِيبْ بِشْهُر رَبِيْعُ الْأَوَّلْ

## Adaab Al Tarheeb be Shahre Rabi'ul Awwal

## PRACTICES OF WELCOMING THE MONTH OF RABI'UL AWWAL

Rabi'ul Awwal is a Magnificent month which everyday consists of blessings and heavenly manifestations from Ar-Rahman (The Most Compassionate). This is the month in which the Messenger of Allah # was born. He made hijrah to Madina and which he was lifted to the highest station near Allah (AJ), in this month. He # was born on the  $12^{th}$  and was named Muhammad # on the  $19^{th}$  of Rabi'ul Awwal.

The superiority of this month to the rest is like the superiority of the Prophet \*\* to the creation. This month consist of tremendous *adabs* and litanies and for the wayfarer in this path, it is vital to keep the respect and uphold it. It is allowed in this month for seclusion and spiritual exercise (particularly 40 days) from the 1st of Rabi'ul Awwal to the 10th of Rabi'ul Thani, for the love of Allah (AJ) and His Messenger \*\* which he will reach the station of annihilation in the Messenger of Allah \*\*.

On the night prior to first day of Rabi'ul Awwal, which the month enters, between Salatul 'Asr and Salatul Maghrib perform the following practices:

- 1. Take a ritual purification Ghusl (shower) for Allah's sake
- 2. Pray two rak'ats Salatul Wudu (pray two-cycle regular prayer)
- 3. Make Intention Niyyat الْنْبِيَّةُ by reciting:

Nawaytul Arba'een, Nawaytul 'itikaf, Nawaytul Khalwah, Nawaytul 'Uzlah, Nawaytur Riyada, Nawaytus Sulook, Lillahi Ta'ala al 'Azhim fee hadhal masjid (or fee hadhal jami')

I intend the forty (days of seclusion); I Intend seclusion in the masjid, I Intend seclusion, I Intend isolation, I Intend discipline (of the ego), I intend to travel in God's Path for the sake of God in this mosque.

4. Daily Adab (Practice) of Naqshbandi Path (Adab ul Tariqa) اَدَبُ الْطَرِيْقَةُ

Read the Daily Adab Spiritual Practice of the Naqshbandi Spiritual Path.

- 5. Recite the poem of Welcoming Rabi'ul Awwal, 'Marhaban Ahlan wa Sahlan'
- 6. Read **Dua Al-Mathur**, the Supplication of Grandshaykh Abdullah ad Daghestani

## Du'a ul 'Azam ul Mathur - Shaykh Abdullah al Fa'iz ad Daghestani (Q)

The Grand Transmitted Supplication of Grandshaykh Abdullah al Faiz ad Daghestani (May Allah sanctify his secret).