

## Ahadith Regarding Fasting in Muharram and the Day of 'Ashura

1. The best of fasts besides the month of Ramadan is the fast during Allah's month of Muharram and the best of Salats besides the Fard (obligatory salat) is the Tahajjud Salat (performed after midnight) (Sahih Muslim).
2. Narrated from Ibn al'Abbas (*radiAllahu 'Anhu*) that the Prophet ﷺ said, "Whoever **fasts the last day of Dhul Hijjah and the first day of Muharram**, he completes a whole year's worth of fasting in that previous year, and Allah gives him penance for fifty [50] years."
3. Narrated from Anas (ra) that the Prophet ﷺ said, "Whoever **fasts the first Friday of Muharram** Allah will forgive his preceding sins, and whoever **fasts three days of Muharram - Thursday, Friday, and Saturday**, Allah will write for him worship and prayers for nine hundred [900] years."
4. Narrated from 'Aisha Umm alMu'minin (ra) that the Prophet ﷺ said, "Whoever **fasts the first ten days** up till 'Ashura, he will inherit the Paradise al-Firdaus."
5. **Fasting of 'Ashura** is Sunnah Mu'akkadah, that which is highly desired. When the Prophet ﷺ saw the Jews of Madina fasting on that day, he asked them for what it was. They told him it was the day Musa (as) led the Bani Israel from Pharaoh. The Prophet ﷺ said, "I have more rights with Musa than you do." So he fasted that day and ordered for its observance. This was part of a longer narration from 'Aisha (ra).



6. The Prophet ﷺ said, "Whoever fasts the 'Ashura (10<sup>th</sup> Muharram), Allah will write for him a thousand [1,000] wishes and a thousand years of age, and will grant him the reward of a thousand martyrs, and will write for him the reward of Isma'il (as), and writes for him seventy [70] palaces in paradise, and makes his flesh forbidden from the hellfire."

7. In another *hadith* the Prophet ﷺ said, "Whoever fasts the 'Ashura, he will be granted the reward of a thousand angels. And whoever recites "*Qul Huwa Allahu Ahad*" a thousand [1000] times on the day of 'Ashura, Allah will glance at him with the Eyes of Mercy and will write him from amongst the Siddiqeen [The Truthful]."

8. In another *hadith* the Prophet ﷺ said, "Distinguish yourselves from the Jews by fasting either the day before 'Ashura or the day after it as well."

