

# Practices of the Day of 'Ashura

ادب عاشورا

## Adab Ashura (10<sup>th</sup> of Muharram)

### 1. Shower

Take the Sunnah shower on the day of 'Ashura.

### 2. Wear the Kuhl

Wear kuhl on your eyes and you will not suffer sickness in that year except the illness of death.

### 3. Pray Four Rak'at Sunnah

- On each rak'at, recite 1 **Surat al Fatiha**
- 11 X recite **Surat al Ikhlas** (112<sup>th</sup> Chapter of Holy Quran)

If you Pray these 4 rak'at, Allah will forgive your sins of fifty years and will build for you a pulpit of light.

### 4. Recite the Du'as of 'Ashura:

#### a) 70 X Recite

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ. نِعْمَ الْمَوْلَى وَنِعْمَ النَّصِيرُ.

**Hasbun Allahu wa ni'mal wakeel. Ni'mal Mawlaa wa ni'man Naseer.**

Sufficient for us is Allah (AJ), and [He is] the best Disposer of affairs, the very best master and the very best supporter.

#### b) 7X Recite:

سُبْحَانَ اللَّهِ مِْلَاءَ لَمِيْزَانٍ وَمُنْتَهَى الْعِلْمِ ، وَمَبْلَغِ الرِّضَا، وَزِينَةُ الْعَرْشِ . لَا مَلْجَاءَ وَلَا مَنْجَا مِنَ اللَّهِ إِلَّا إِلَيْهِ. سُبْحَانَ اللَّهِ عَدَدَ شَفِيْعِ وَالْعَرْشِ، وَعَدَدَ كَلِمَاتِ رَبِّنَا النَّامَاتِ كُلِّهَا. أَسْأَلُكَ السَّلَامَةَ، بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ. وَلَا حَوْلَهُ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ. وَهُوَ حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ. نِعْمَ الْمَوْلَى وَنِعْمَ النَّصِيرُ. وَصَلَّ اللَّهُ عَلَى سَيِّدِنَا مُحَمَّدٍ ﷺ وَ عَلَى آلِهِ وَصَحْبِهِ وَ عَلَى الْمُؤْمِنِينَ وَالْمُؤِمِّنَاتِ وَالْمُسْلِمِينَ وَالْمُسْلِمَاتِ عَدَدَ ذَرَّاتِ الْوُجُودِ وَ عَدَدَ مَعْلُومَاتِ اللَّهِ وَالْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ.

**SubhanAllahu mil al Mizan wa muntaha al 'ilma, wa mablaghal rida, wa zinatul 'arsh. La maljaa a, wa la manja minAllahi illa ilayh.**

**SubhanAllahi 'adada shafi' wal 'arshi, wa 'adada kalimati Rabbina taammati kulliha. As alukas salamata bi rahmatika Ya Arhamar Rahimeen. Wa la hawla wa la quwwata illa billahil 'Aliyyil 'Azheem. Wa huwa hasbun Allahu wa ni'mal wakil, Ni'mal Mawla wa ni'man Naseer. Wa Sallallahu**



**'ala Sayyidina Muhammadin ﷺ wa 'ala alihi wa sahbihi wa 'alal mumineena wal muminaati, wal Muslimina wal Muslimaati, 'adada zarratil wujudi, wa 'adada ma'lumatillahi, wal hamdullelahi Rabbil 'Aalameen.**

Glorious is Allah (AJ), as much as what is in His great scale, and as far as His knowledge extends, and to such a degree as it attains His pleasure, and to whatever weight may be His Throne. There is no refuge and no safety from Allah (AJ) except in Him. Glorious is Allah (AJ), (He is declared so) as many as there be even (numbers) and as many as there be odd, and as many as there be perfect words of His; glory be to Him for them all. We ask of You (our Lord) for safety, by Your mercy, O You who is the most merciful of all those who show mercy.

Sufficient for us is Allah, and [He is] the best Disposer of affairs. The very best master and the very best supporter! And there is no power and no strength except in Allah, the High, the Great! May the grace of Allah (AJ), the Exalted, be upon our Master Muhammad ﷺ and upon his holy family and his holy companions, and upon the believers, and upon those who submit (in Islam), as much as there be atoms in existence and as much as there be things known to Allah; and all praise is due to Him, Lord of the Worlds.

#### **5. Daily Adab of Naqshbandis:**

About an hour before the azaan of Maghrib on the day of 'Ashura, Sit facing the qiblah and finish the daily Adab of Naqshbandi Tariqah.

#### **6. Read the Names of 72 Shuhada (Martyrs) of Karbala**

#### **7. Muraqabah (Spiritual Connection)**

Then make Tawassul with Sayyidina Imam Hussain (as) and the Shuhada (martyrs) of Karbala, whom on that day were martyred with Imam Hussain (as) and those who were with him. May Allah's blessings be upon them all.

#### **8. Ihda (Gift) after Iftar (Breaking fast)**

After breaking your fast, dedicate the blessings and rewards of your fast and daily Awrad upon the Prophet Muhammad ﷺ, for the oceans of secrets that open on the 14<sup>th</sup> of Muharram, which is Mawlana Shah Bahauddin Naqshband's ﷺ Birthday.

