

آداب شهر ربيع الأول

Adaab Shahre Rabi'ul Awwal

DAILY PRACTICES OF RABI'UL AWWAL

Rabi'ul Awwal is a Magnificent month which everyday consists of blessings and heavenly manifestations from Ar-Rahman (The Most Compassionate). This is the month in which the Messenger of Allah ﷺ was born on the 12th and was named Muhammad ﷺ on the 19th of this month.

This month consist of tremendous *adaab, practices*, and litanies and for the wayfarer in this path, it is vital to keep the respect and uphold it. It is allowed in this month for seclusion and spiritual exercise (particularly 40 days) from the 1st of Rabi'ul Awwal to the 10th of Rabi'ul Thani, for the love of Allah (AJ) and His Messenger ﷺ which he will reach the station of annihilation in the Messenger of Allah ﷺ.

Times of Performing the Daily Adab of Rabi'ul Awwal

It is recommended for the people of the Naqshbandi path to be consistent in performing these Adaab, Awwad, and practices at certain times listed below:

1. An hour or two before the Azaan of Fajr (morning prayer) until Ishraq (Sunrise)
2. Before the Azaan of 'Asr until Maghrib
3. From Maghrib until 2 hours after 'Isha

Daily Adab:

You need to perform the following adab (practices) on daily basis.

1. Pray two rak'ats Salat Wudu (pray two-cycle regular prayer)

2. Make Intention - Niyyat اِنِّيَّةٌ by reciting:

نُؤَيِّتُ الْاَرْبَعِيْنَ، نُؤَيِّتُ الْاَعْتِكَافَ، نُؤَيِّتُ الْخُلُوَّةَ، نُؤَيِّتُ الْعِزْلَةَ،
نُؤَيِّتُ الرِّيَاضَةَ، نُؤَيِّتُ السُّلُوْكَ لِّلّٰهِ تَعَالٰي الْعَظِيْمِ فِيْ هٰذَا الْمَسْجِدِ. فِيْ هٰذَا الْجَامِعِ

Nawaytul Arba'een, Nawaytul 'itikaf, Nawaytul Khalwah, Nawaytul 'Uzlah, Nawaytur Riyada, Nawaytus Sulook, Lillahi Ta'ala al 'Azhim fee hadhal masjid (or fee hadhal jami')

I intend the forty (days of seclusion); I Intend seclusion in the masjid, I Intend seclusion, I Intend isolation, I Intend discipline (of the ego), I intend to travel in God's Path for the sake of God in this mosque.



3. **Daily Adab (Practice) of Naqshbandi Path** (Adab ul Tariqa) **أَدَبُ الطَّرِيقَةِ**
Read the [Daily Adab](#) Spiritual Practice of the Naqshbandi Path
4. Recite the **welcoming of Rabi'ul Awwal poem**, *'Marhaban, Ahlan wa Sahlan.*
5. Read [Dua Al 'Azam ul Mathur](#), the Grand Transmitted Supplication of Grandshaykh Abdullah al Faiz ad Daghestani (May Allah sanctify his secret).

Adab of the Nights of Mondays, Thursdays, and Fridays

6. Recite the [Khatm ul Khwajagan](#)
- If possible do the khatm in congregation

Adab of the Middle of the Month onward

7. Continue doing the above practices
8. From 15th to the end of the month, recite the Departure of Rabi'ul Awwal poem, ***al Weda' al Weda' ya Sharhu...*** instead of the Welcoming Poem
9. For those with high aspirations one can do this Adab twice in 24 hours, once before Fajr and once before Maghrib

Daily Awwad

10. Recite everyday or listen to [Surah al An'am](#) (6th Chapter of Holy Quran)
11. Daily Hizb (section) of the **Dala'il al Khairat**.
12. **1000x Salawat** Sharifah
 - a. 100x Salawat standing in the direction of the Qibla and send it as a gift to the Prophet Muhammad ﷺ seeking blessings from his ﷺ holy birth
13. Read the 'Mawlid of Grandshaykh (Q) – **Qasida Hamziyya** of Imam al-Busiri'. If possible, read the Mawlid in congregation. (See below for this du'a)
14. Recite **Qasida Mudarriya** of Imam al-Busiri daily or at least on Fridays in congregation.



الإمام شرف الدين محمد البوصيري القصيدة الحمزية

Al Imam Sharafuddin Muhammad Al Busiri

Al Qasidatul Hamziya

Mawlid of Grandshaykh Abdullah Al Fa'iz Ad Daghestani (Q)

“It contains the full Mawlid (i.e. Mawlid Ad'Daybai, Mawlid al Barzanji), full of secrets and is read in the Diwan of Rasulullah ﷺ. Rasulullah ﷺ is giving a promise to anyone who reads this Mawlid, Rasulullah ﷺ will spiritually appear and look at the one reading this. And it makes Rasulullah ﷺ happy and the ones reading, their spirituality to be happy from the Heavenly Gaze of Rasulullah ﷺ. ”

ق مawlana Shaykh Adnan At-Taher

إِنَّ اللَّهَ وَمَلَائِكَتَهُ يُصَلُّونَ عَلَى النَّبِيِّ يَا أَيُّهَا الَّذِينَ آمَنُوا صَلُّوا عَلَيْهِ وَسَلِّمُوا تَسْلِيمًا.
اللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ، عَدَدَ كَمَالِ اللَّهِ وَكَمَا يَلْبِقُ بِكَمَالِهِ.
كَيْفَ تَرَقَى رُقِيَّتِكَ الْأَنْبِيَاءُ ؟
يَا سَمَاءَ مَا طَوَّلَتْهَا سَمَاءُ.
لَمْ يُسَاوُوكَ فِي عِلَّاكَ وَقَدْ حَالَ سَنَى مِنْكَ دُونَهُمْ وَسَنَاءُ.
إِنَّمَا مَثَلُوا صِفَاتِكَ لِلنَّاسِ كَمَا مَثَلَتِ النُّجُومَ الْمَاءُ.
أَنْتَ مُصْبِحُ كُلِّ فَضْلٍ فَمَا تَصْدُرُ إِلَّا عَنِ ضَوْئِكَ الْأَضْوَاءُ.
لَكَ ذَاتُ الْعُلُومِ مِنْ عَالَمِ الْغَيْبِ وَمِنْهَا لِأَدَمَ الْأَسْمَاءُ.
لَمْ تَزَلْ فِي ضَمَائِرِ الْكُونَ تُخْتَارُ لَكَ الْأُمَّهَاتُ وَالْأَبَاءُ.
مَامَضَتْ فَنَرَةٌ مِنَ الرُّسُلِ إِلَّا بَشَّرَتْ قَوْمَهَا بِكَ الْأَنْبِيَاءُ.
تَتَّبَاهَى بِكَ الْعُصُورُ وَتَسْمُو بِكَ عَلِيَاءُ بَعْدَهَا عَلِيَاءُ.
وَبَدَا لِلْوُجُودِ مِنْكَ كَرِيمٍ مِنْ كَرِيمِ آبَاؤُهُ كُرَمَاءُ.
نَسَبُ تَحْسِبُ الْعُلَا بِحُلَاهُ قَلَدَتْهَا نُجُومَهَا الْجُورَاءُ.



حَبَدًا عَفْدُ سُودِدٍ وَفَخَارٍ أَنْتَ فِيهِ الْيَتِيمَةُ الْعَصْمَاءُ.
مَوْلِدٌ كَانَ مِنْهُ فِي طَالِعِ الْكُفْرِ وَبَالٍ عَلَيْهِمْ وَوَبَاءُ.
فَهَنِيئًا بِهِ لِأَمْنَةِ الْفَضْلِ الَّذِي شُرِّفَتْ بِهِ حَوَاءُ.
مَنْ لِحَوَاءٍ أَنَّهَا حَمَلَتْ أَحْمَدَ أَوْ أَنَّهَا بِهِ نَفَسَاءُ.
يَوْمَ نَأَلَتْ بِوَضْعِهِ ابْنَةً وَهَبٍ مِنْ فَخَارٍ مَالَمُ تَنَلُهُ النَّسَاءُ.
وَأَنْتَ قَوْمَهَا بِأَفْضَلٍ مِمَّا حَمَلْتَ قَبْلُ مَرْيَمُ الْعَذْرَاءُ
شَمَنْتُهُ الْأَمْلاكَ إِذْ وَضَعْتُهُ وَشَفَقْنَا بِقَوْلِهَا الشَّفَاءُ.
رَافِعَارَ أَسَهُ وَفِي ذَلِكَ الِرْفَعِ إِلَى كُلِّ سُودِدٍ إِيْمَاءُ.
رَامِقًا طَرْفُهُ السَّمَاءَ وَمَرَمَى عَيْنٍ مَنْ شَانَهُ الْعُلُوُّ الْعَلَاءُ.
وَتَدَلَّتْ زُهُرُ النَّجُومِ إِلَيْهِ فَأَضَاءَتْ بِضَوِيِّهَا الْأَرْجَاءُ.
وَمُحِبًّا كَالشَّمْسِ مِنْكَ مُضِيءٌ أَسْفَرَتْ عَنْهُ لَيْلَةٌ غَرَاءُ.
لَيْلَةُ الْمَوْلِدِ الَّذِي كَانَ لِلدِّينِ سُرُورٌ بِيَوْمِهِ وَإِرْدِهَاءُ.
وَتَوَالَتْ بُشْرَى الْهُوَائِفِ أَنْ قَدْ وُلِدَ الْمُصْطَفَى وَحَقَّ الْهَنَاءُ.



***In innallaha wa malaaikatahu yusalluna 'alan Nabiyyi,
Yaa ayyuhal lazina amanu sallahu 'alayhi wa sallimu taslimaa.***

***Allahumma salli wa sallem wa baarek 'alaa Sayyidina Muhammadin wa 'ala
aalihi, 'adada kamalillah wa kama yaliqo bekamalihi.***

Kayfa tarqa ruqiyaka al anbiyaa o?

Ya sama an maa tawalathaa samaa o.

Lam yusawooka fi 'ulaaka wa qad hala sanayan minka donahum wa sanaa o.

Innama maththaloo sifatika linnasi kama maththalan nujoomal maa o.

Anta misbahu kulli fadlin fama tasdoro illa 'an dhawyika aladwaa o.

Laka zatul 'uloomi min 'alamil ghaybi wa minha li Adama al asmaa o.

Lam tazal fi dhamayiril kawni tukhtaro laka al ummahatu wal abaa o.

Ma madat fatratun minal rosoli illa bashsharat qawmaha beka al anbiyaa o.

Tatabahaa bika al'osooro wa tasmoo bika 'alya o, ba'daha 'alyaa o.

Wa badaa lilwojoodi minka Karimon min karimin aabaa hu kuramaa o.

Nasabu tahsebu al 'ulaa behulaahu qalladathaa nojoomaha aljawzaa o.

Habbazaa 'eqdo soodadin wa fakharin anta fihil yatimatul 'asmaa o.

Mawlidun kana minhu fi Taali'yel kufri wa balon 'alayhimu wa wabaa o.

Fahani an bihi le Aaminatal fadlu allazi shurrefat bihi Hawwaa o.

Man le Hawwa a annahaa hamalat Ahmada aw annaha bihi nufasaa o.

Yawma natal bewad'ihii ibnata wahbin min fakharin malam tanalhun nisaa o.

Wa atat qawmaha be afdhala mimmaa hamalat qablu Maryamul 'azraa o.

Shammatathu alamlaku iz wadha'athu wa shafatnaa be qawlihash shafaa o.

Rafi'aan ra asahu wa fi zalika arraf'yi ilaa kulli soodadin eyimaa o.

***Ramiqand Tarfuhus samaa a wa marmaa 'ayni man shanuhoo al'oloowol
'alaa o.***

Wa tadallat zuhrun nojoomi ilayhi fa adhaat bedhawiyihaa alarjaa o.

Wa muhayyan kashshamsi minka mudhion asfarat 'anhu laylatun gharraa o.

Laylatul Mawlidil lazi kana liddeeni soroorun beyawmihi wa izdehaa o.

***Wa tawaalat bushraa alhawatefi an qad woledal Mustafaa wa haqqa al
hanaa o.***



15. Then stand up in Qiyam for honouring Prophet Muhammad ﷺ by saying:

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا رَسُولَ اللَّهِ

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا حَبِيبَ اللَّهِ

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا مَنْ أَرْسَلَ اللَّهُ رَحْمَةً لِّلْعَالَمِينَ

As salatu's wa'salaam alayka Yaa Rasulullah

As salatu's wa'salaam alayka Yaa Habibullah

As salatu's wa'salaam alayka yaa man arsalullah Rahmat'alil alaameen

Peace and blessings be upon you O' Messenger of Allah.

Peace and blessings be upon you O' Beloved of Allah.

Peace and blessing be upon you, O' you who have been sent as a Mercy to the worlds and to the whole creation.

16. 100 X Durood Sharif

If you are able, recite durood sharif while standing to seek blessings from Sayyidina Muhammad ﷺ

17. Read [Ihda](#)

